

No Way Out

36 count, 4 wall, intermediate level

Choreographer: Oli Geir (Iceland) Dec 2007

Choreographed to: No Me Queda Mas by Selena, CD:

Dos Historias / Momentos Intimos (95 bpm)

32 count intro

Step Back, Back Rock, Right Lock Step Forward, Step, Pivot 1/2 Turn Right, 1/4 Turn Right. 1/2 Turn Right, Cross Step

- 1 Step back on Left.
- 2-3 Rock back on Right. Rock forward on Left.
- 4&5 Step forward on Right. Lock step Left behind Right. Step forward on Right.
- 6-7 Step forward on Left. Pivot 1/2 turn Right. (6 o'clock)
- 8&1 Turn 1/4 turn Right stepping Left to Left side. Turn 1/2 turn Right stepping Right to Right side. Cross step Left over Right. (Facing 3 o'clock)

Side Rock, Behind, Side, Step Forward, Step, Pivot 1/2 Turn Right, Spiral Full Turn Right.

- 2-3 Rock Right to Right side swaying hips Right. Recover weight on Left swaying hips Left.
- 4&5 Cross Right behind Left. Step Left to Left side. Step forward on Right.
- 6-7 Step forward on Left. Pivot 1/2 turn Right. (9 o'clock)
- 8 Step forward on Left making Full turn Right on ball of Left, ending with Right in front of Left. (Facing 9 o'clock)

Step Forward, Forward Rock, 1/2 Turn Left, Ronde 1/4 Turn Left, Kick-Ball-Cross, Right Scissor Step

- 1 Step forward on Right.
- 2-3 Rock forward on Left. Rock back on Right.
- 4 Turn 1/2 turn Left stepping forward on Left. (3 o'clock)
- 5 Sweep Right out and around from back to front turning 1/4 turn Left.
- 6&7 Flick/Kick Right across Left. Step ball of Right to Right side. Cross step Left over Right.
- 8&1 Step Right to Right side. Close Left beside Right. Cross step Right over Left. (Facing 12 o'clock)

Side Step, Together, Chasse 1/4 Turn Left, Step, Pivot 3/4 Turn Left, Chasse 1/4 Turn Right.

- 2-3 Step Left to Left side. Close Right beside Left.
- 4&5 Step Left to Left side. Close Right beside Left. Turn 1/4 turn Left stepping forward on Left. (9.00)
- 6-7 Step forward on Right. Pivot 3/4 turn Left. (Weight on Left) (12 o'clock)
- 8&1 Step Right to Right side. Close Left beside Right. Turn 1/4 turn Right stepping forward on Right. (Facing 3 o'clock)

Step, Pivot 1/2 Turn Right, 1/2 Turn Right, Lock Step.

- 2-3 Step forward on Left. Pivot 1/2 turn Right. (9 o'clock)
- 4& Turn 1/2 turn Right on ball of Right stepping back on Left. Lock step Right across Left (3.00)

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