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No Smoke!

32 Count, 4 Wall, Beginner

Choreographer: Diana Bishop (Aus) March 2014
Choreographed to: No Smoke by Michelle Lawson

HEEL AT L 45deg, ROTATE TO R, COASTER STEP, ROCKING CHAIR WITH & COUNTS

- 1-2 TAP R HEEL FWD AT A 45deg L, ROTATE HEEL TO THE R
- 3&4 STEP R BACK, BRING L NEXT TO R, STEP R FWD
- 5&6& FWD L, BACK R, BACK L, FWD R,
- 7&8 FWD L, BACK R, TAP L NEXT TO R

STEP SLIDE, SIDE SHUFFLE, FWD, BACK, ½ SHUFFLE TURN R

- 1,2,3&4 STEP L TO L, SLIDE R UP TO L, SIDE SHUFFLE TO L ON L,R,L
- 5,6,7&8 ROCK FWD ON, BACK ON L, ½ TURNING SHUFFLE TO R ON R,L,R

KICK, KICK ¼ turn, COASTER STEP, HIP BUMPS, HIP BUMPS

- 1,2,3&4 KICK L FWD, KICK L TO A ¼ TURN L, STEP L BACK, BRING R NEXT TO L, STEP L FWD
(or L,R,L on the spot)
- 5&6 STEP R FWD HIP BUMPS R,L,R (hands up behind head)
- 7&8 STEP L FWD HIP BUMPS L,R,L (hands down behind backside)

ROTATE HIPS R TO L X 2, STEP SLIDE, STEP SLIDE,

- 1-4 STEP R TO R AS YOU ROTATE HIPS FROM R TO L, ROTATE HIPS R TO L
- 5-8 STEP R TO R SLIDE L UP TO R, STEP R TO R SIDE SLIDE L UP TO R

FINISH AT BACK ON COASTER STEP