

## No Smoke

32 Count, 4 Wall, Improver

Choreographer: Ingrid Kan (TW) July 2012

Choreographed to: No Smoke by Michelle Lawson

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Intro: after 23 Sec

**1-8 Sailor 1/4 Turn, Hold & Step, Step, Pivot 1/4, Step, Touch**

1 & 2 Turn 1/4 right stepping right back. Step left to side. Step right forward. (3:00)

&3 – 4 Hold. Step left beside right. Step right forward.

5 – 6 Step left forward. Pivot 1/4 turn right.

7 – 8 Step left forward. Touch right beside left.

**9-16 Side Shuffle Step R, Rock Back, Recover, Side Shuffle Step L, Rock Back, Recover**

1 & 2 Step R foot to R side, Step together with L, Step R foot to R side

3 – 4 Rock back with L foot, Recover weight forward to R foot

5 & 6 Step L foot to L side, Step together with R, Step L foot to L side

7 – 8 Rock back with R foot, Recover weight forward to L foot

**Restart:** On Wall 11 Restart (dance 16 count)

**17-24 Step Right, Together, Side Shuffle, Keep Ball Cross, L Shuffle turn L 1/4**

1 – 2 Step R out to Right side. Step L next to R.

3 & 4 Step R, Step L next to Left, step R

5 & 6 L Keep up. Step down on ball of L. Cross step R over L.

7 & 8 ¼ Turn left & step L forward, R close to L, L step forward

**25-32 Pivot ½ L x2, Jazz Box**

1 – 4 R Step turn to L 1/2 (Twice)

5 – 8 Step R across L, Step L back, Step R to R side, Step L together