

No Rest

32 count, 2 wall, beginner level

Choreographer: William Sevone (Aus) May 02

Choreographed to: The Trouble With The Truth by Patty

Loveless on The Trouble With The Truth, bpm 94

Dance starts on the vocals with feet together and weight on the left foot.

2x 1/4 Turn 'Chubby Brown's' with Expression. Rock Bwd-Fwd. Shuffle Fwd.

1 - 2 Left foot facing forward) turn 1/4 right & touch right toe to right side. Step right foot next to left

3 - 4 Right foot facing forward) turn 1/4 left & touch left toe to left side. Step left foot next to right.

Dance note: Counts 1, 3:- with lead arm pointing to either right(1) or left (3), flick click fingers of hand.

5 - 6 Rock backward onto right foot. Rock onto left foot.

7 & 8 Step forward onto right foot, close left foot next to right, step forward onto right foot.

Step Fwd. Pivot 1/2 Right. Forward 1/2 Right Triple Step .2x Bwd Side Touch-Step Behind

9 - 10 Step forward onto left foot. Pivot 1/2 right (weight on right foot).

11 & 12 Step forward onto left foot, turn 1/4 right & step onto right foot,
turn 1/4 right & step onto left foot.

13 - 14 Moving backward) touch right toe to right side. Cross step right foot behind left.

15 - 16 Moving backward) touch left toe to left side. Cross step left foot behind right.

Dance note: Counts 13, 15:- turn head and point lead arm into move & flick click fingers of hand.

Unwind 1/2 Left. Step Fwd. 2x Diagonal Fwd Cross Shuffles. Diag Cross Step. Turn. Step Back.

17 - 18 Unwind 1/2 left. Step rock slightly forward onto right foot.

19 & 20 Moving diagonally forward right) cross step left foot over right, step right foot to right side,
cross step left foot over right.

21 & 22 Moving diagonally forward left) cross step right foot over left, step left foot to left side,
cross step right foot over left.

23 - 24 Cross step left foot diagonally forward left over right. Turn just over 1/4 right & step backward
onto right foot.

Bwd Lock Step. Long Step Fwd. Toe Step. Hold. Long Step Fwd. 1/2 Left with Toe Step. Hold.

25 - 26 Lock left foot across front of right. Step backward onto right foot.

27 - 28 Long step forward onto left foot. Step right toe next to left.

29 Hold.

30 - 31 Long step forward onto right foot. Turn 1/2 left & step left toe next to right.

32 Hold (dropping left heel to floor).

DANCE FINISH: On count 17 of the 12th wall as you unwind, touch hat brim with right hand.
