

No More Sad Songs

32 count, 2 wall, beginner/intermediate level
Choreographer: Fiona Haywood (England) Aug 2005
Choreographed to: No More Sad Songs by Clay
Aiken, Measure of a Man (79 bpm)

16 count intro, start on word 'way'

Section 1 Side, rock step, side, rock step, syncopated rumba box

- 1-2& Step right long step to right side, rock left behind right, recover on right
3-4& Step left long step to left side, rock right behind left, recover on left
5&6 Step right to right side, close left next to right, step right forward
7&8 Step left to left side, close right next to left, step left back

Section 2 Rock, recover, R forward shuffle, rock, recover, 1/4 L sailor

- 1-2 Rock back onto right, recover weight forward onto left
3&4 Step right forward, close left next to right, step right forward
5-6 Rock forward onto left, recover weight back onto right
7&8 Cross left behind right making 1/4 turn left, step right to right side, step left in place

Section 3 Side rock, recover, behind and across, side rock, recover, L sailor

- 1-2 Rock right to right side, recover weight onto left
3&4 Step right behind left, step left to left side, step right across left
5-6 Rock left to left side, recover weight onto right
7&8 Step left behind right, step right to right side, step left to left side

Section 4 Tap, sweep, sailor, tap, sweep, 1/4 L sailor

- 1-2 Tap right toe forward, sweep right out to right side
3&4 Step right behind left, step left to left side, step right to right side
5-6 Tap left toe forward, sweep left out to left side
7&8 Cross left behind right making 1/4 turn left, step right to right side, step left in place

END OF DANCE – ENJOY!

NO TAGS OR RESTARTS!
