

No More!

Count 48 + restarts, 4 wall, intermediate level
Choreographer: William Sevone (Aus) Jan 02
Choreographed to: You Don't Get No More by Patty
Loveless, Strong Heart, BPM:141

Choreographers note:- This dance was written in two parts - at 6.30am and 10.45pm. The dance called "The Phoenix" sort of 'got in the way'. Like the dance "...A Little Ditty" this is fast 'n' tight and requires plenty of attitude when danced.

I really enjoyed playing around with some of the footwork...you should have seen what I WAS going to put in (now THAT is another story.....and MAYBE another dance).

Dance count sequence:- 48-48-24-48-48-24-48-48-24-24-4 (dance finish) Restarts after 2nd, 5th walls with a double restart after the 8th wall

Dance start's on vocals proper - after Patty sings 'Wel-I', count 5.6.7 and on 8 start dance. Feet together, weight on left

4x Cross Touches-Steps with Expression

- 1 - 2 (on the spot) Lean body right - Cross touch right toe over left foot. Step right foot next to left.
3 - 4 (on the spot) Lean body left - Cross touch left toe over right foot.. step left foot next to right.
5 - 6 (on the spot) Lean body right - Cross touch right toe over left foot. Step right foot next to left.
7 - 8 (on the spot) Lean body left - Cross touch left toe over right foot.. step left foot next to right.
Style note: Counts 1. 5: 'flick click' right fingers across body. Counts 3. 7: 'flick click' left fingers across body.

Synco Cross Step. 4x Toe Rocks with Expression. Synco Cross step.

- 9& 10 Cross step right foot behind left, step left foot to left side, cross step right foot over left.
11 - 12 Step/rock left toe to left side & swing hips to left. Step/rock onto right toe & swing hips to right.
13 - 14 Step/rock onto left toe & swing hips to left. Step/rock onto right toe & swing hips to right.
15& 16 Cross step left foot behind right, step right foot to right side, cross step left foot over right.
Style note: Counts 11-14: really 'swing' those hips

Side Touch. Cross Step. Unwind 3/4 Left. Right Chasse. Synco Cross Step. Side Touch.

- 17 - 18 Touch right toe to right side. Cross step right foot over left.
19 Unwind 3/4 left (weight on left foot).
20& 21 Step right foot to right side, step left foot next to right, step right foot to right side
22 Cross step left foot behind right.
&23-24 Step right foot next to left, cross step left foot over right. Touch right toe to right side.

1/4 Right -Backward Diagonal, Backward Diagonal x 5, Swaggers with Expression. Right Chasse.

- 25 - 26 Turn 1/4 right & step backwards diag right onto right foot. Step backwards diag left onto left foot.
27 - 28 Step backwards diagonally right onto right foot. Step backwards diagonally left onto left foot.
29 - 30 Step backwards diagonally right onto right foot. Step backwards diagonally left onto left foot.
31& 32 Step right foot to right side, step left foot next to right, step right foot to right side
Style note: Counts 25-30 really 'swing' hips and arms into each directional move, clicking fingers.

1/4 Right - Rock Fwd. Rock Bwd. 1/2 Left-Step Fwd. Rock Fwd-Bwd. 1/4 Right-Side Step. Fwd Shuffle.

- 33 - 34 Turn 1/4 right & rock forward onto left foot. Rock onto right foot.
35 - 36 Turn 1/2 left & step forward onto left foot. Rock forward onto right foot.
37 - 38 Rock onto left foot. Turn 1/4 right & step right foot to right side.
39& 40 Step forward onto left foot, close right foot next to left, step forward onto left foot.

Moving Backward Foot Switches. Feet Together-Jump Back.

- 41& Touch right heel forward, step right foot backward past left.
42& Touch left heel forward, step left foot backward past right.
43& Touch right heel forward, step right foot backward past left.
44& Touch left heel forward, step left foot backward past right.
45& Touch right heel forward, step right foot backward past left.
46& Touch left heel forward, step left foot backward past right.
47& Touch right heel forward, step right foot backward past left.
48 Jump slightly backward with both feet together.

DANCE FINISH: after double restart.

- 1 - 2 Cross step right foot over left. Unwind 1/2 left.
3 - 4 Cross step right foot over left. Unwind 1/2 left & place right hand to hat brim.
(Hold position to fade end)