

No Looking Back

64 count, 4 wall, beginner/intermediate level
Choreographer: Diana Dawson (Scotland) April 2006
Choreographed to: Looking Back by Glenn Rogers,
CD Hit The Floor 5 (128bpm); Here Lately by Scooter
Lee (134bpm), CD Moving on Up; My Next Broken
Heart by Brooks & Dunn (144bpm), CD Greatest Hits

Start on vocals

- Section 1** **RIGHT MAMBO, WEAVE RIGHT, WEAVE LEFT ¼ TURN, FORWARD LOCK STEPS**
- 1-2-3-4 Step back on right, rock forward onto left, step right next to left, sweep left forward.
5-6-7-8 Step left over right, step right to right side, step left behind right, sweep right out and back
9-10-11-12 Step right behind left, make ¼ turn left stepping left forward, step right forward, hold. (9 o'clock)
13-14-15-16 Step forward on left, lock right up behind left, step forward on left, hold.
Note: Lock steps 13-16 should travel slightly to Left diagonal
- Section 2** **FORWARD LOCK STEPS, JAZZBOX, JAZZBOX ½ TURN, FORWARD & BACK**
- 1-2-3-4 Step forward on right, lock left up behind right, step forward on right, sweep left forward
Note: Lock steps 1-4 should travel slightly to Right diagonal
5-6-7-8 Step left over right, step back on right, step left to left side, sweep right forward
9-10-11-12 Step right over left, step back on left, make ½ turn right stepping forward on right, hold (3 o'clock)
13-14-15-16 Step forward on left, recover onto right, step back on left, hold
- Section 3** **BACK & FORWARD, ROCK & CROSS, ROCK & CROSS, LEFT CHASSE ¼ TURN**
- 1-2-3-4 Step back on right, recover onto left, step forward on right, hold.
5-6-7-8 Step left to left side, recover weight onto right, step left over right, hold
9-10-11-12 Step right to right side, recover weight onto left, step right over left, hold
13-14-15-16 Step left to left side, step right next to left, make ¼ turn left stepping left forward (12 o'clock)
- Section 4** **½ TURN COASTER, ROCK & CROSS, ¾ TRIPLE TURN LEFT, MAMBO FORWARD**
- 1 Make ½ turn left on ball of left, stepping back onto right. (6 o'clock)
2-3-4 Step left next to right. Step forward on right. Hold.
5-6-7-8 Step left to left side, recover onto right, cross left over right, hold
9-10 Make ¼ turn left stepping back on right, make ½ turn left stepping forward on left
11-12 Step forward Right, hold (9 o'clock)
13-14-15-16 Step forward on left, recover onto right, step left next to right, sweep right foot back

* steps 9-12 - make this ¾ turn travel towards the new wall

Choreographer's Note; I really love the song "Looking Back" by Glenn Rogers for its gentle tempo. However, the dance will work equally well to something a little more lively, hence the other music suggestions

- I hope you enjoy it, whatever music you choose - Diana