

No Food To Eat

64 Count, 2 Wall, Intermediate, WCS

Choreographer: Rep Ghazali-Meaney (Scotland) June 2012

Choreographed to: In The Middle by Isaac Carree (120 bpm)

36 count intro start on vocal,

01-08 RIGHT FWD-HOLD, BALL STEP SCUFF, ROCK FWD LEFT-RECOVER, FULL TURN LEFT

1-2 step forward Right, hold

&3-4 step Left together on Left ball, step forward Right, scuff forward on Left

5-6 rock forward Left, recover on Right

7-8 ½ turn Left by stepping forward on Left, ½ turn Right by stepping back on Right (travelling back)

09-16 LEFT COASTER CROSS, TOUCH OUT IN-STEP SIDE, ROCK BACK LEFT-RECOVER RIGHT, ¼ TURN RIGHT, ¼ TURN RIGHT

1&2 step back Left, step Right together, cross step Left over Right

3&4 touch Right toe to Right side, touch Right together, step Right to Right side

5-6 rock back Left, recover on Right

7-8 ¼ turn Right by stepping back on Left, ¼ turn Right by stepping Right to Right side (6)

17-24 CROSS-HOLD, BALL CROSS-BALL CROSS, ½ MONTEREY TURN, SIDE TOE SWITCHES

1-2 cross Left over Right, hold

&3&4 step Right to Right side, cross Left over Right, step Right to Right side, cross Left over Right

5-6 touch Right toe to Right side, ½ Right by stepping Right together (12)

7&8 touch Left toe to Left side, step Left together, touch Right toe to Right side

25-32 AND-WALK-WALK, LEFT SHUFFLE FWD, STEP-½ PIVOT X2

&1-2 step slight forward on Right, walk forward Left, walk forward Right

3&4 step forward Left, step Right together, step forward Left

5-8 step forward Right, ½ pivot turn Left, step forward Right, ½ pivot turn Left

Restart: 2nd wall, facing back wall**33-40 SIDE-BEHIND, BEHIND-SIDE-CROSS, SIDE-BEHIND, BEHIND-¼ TURN-FWD**

1-2 step Right to Right side, step Left behind Right

3&4 sweep and step Right behind Left, step Left to Left side, cross Right over Left

5-6 step Left to Left side, step Right behind Left

7&8 sweep and step Left behind Right, ¼ turn Right by stepping forward on Right, step fwd Left (3)

41-48 ROCK FWD RIGHT-RECOVER, AND ROCK FWD LEFT-RECOVER HOOK LEFT, LEFT SHUFFLE FWD, ½ TURN-STEP BACK

1-2 rock forward Right, recover on Left

&3-4 step Right together, rock forward Left, as you recover on Right hook up on Left

5&6 step forward Left, step Right together, step Left together

7-8 ½ turn Left by stepping back on Right, step back Left (9)

49-56 ROCK BACK RIGHT-RECOVER LEFT, RIGHT SHUFFLE FWD, ROCK FWD LEFT-RECOVER, LEFT COASTER

1-2 rock back Right, recover on Left

3&4 step forward Right, step Left together, step forward Right

5-6 rock forward Left, recover on Right

7&8 step back Left, step Right together, step forward Left

57-64 SIDE TOE SWITCHES, ¼ TURN LEFT-SCUFF RIGHT, ROCK BACK RIGHT-RECOVER LEFT, FULL TURN LEFT

1&2 touch Right toe to Right side, step Right together, touch Left to Left side

3-4 ¼ turn Left by stepping forward on Left, scuff forward on Right (6)

5-6 rock back Right, recover on Left

7-8 ½ turn Left by stepping back on Right, ½ turn Right by stepping forward Left (6)

RESTART: 2nd wall - dance up to count 32 and restart from back wall

Music download available from iTunes