

No Es Una Novela

88 Count, 4 Wall, Improver

Choreographer: Maryloo (Fr) January 2011

Choreographed to: No Es Una Novela by Monchy & Alexandra

WALKS FORWARD AND BACKWARD WITH TOE TOUCHES

- 1-4 Walk forward left, right, left, touch right to side with hip bump
5-8 Walk back right, left, right, touch left to side with hip bump

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- 1-4 Walk forward left, right, left, touch right to side with hip bump
5-8 Walk back right, left, right, touch left to side with hip bump

ROLLING VINE AND TOUCH (L.R.)

- 1-4 ¼ turn left stepping left forward, ¼ turn left stepping right to side, 1/2 turn left stepping left to side, touch right to side with hip bump
5-8 ¼ turn right stepping right forward, ¼ turn right stepping left to side, 1/2 turn right stepping right to side, touch left to side with hip bump

¼ TURN LEFT AND ¾ TURN RIGHT MONTEREY SPIN WITH TOES TOUCHES

- 1-4 ¼ turn left stepping left forward, step right together, step left together, touch right toe to side
5-8 ¾ turn right stepping right together, step left together, step right together, touch left toe to side with hip bump

WALKS FORWARD AND BACKWARD WITH TOE TOUCHES

- 1-4 Walk forward left, right, left, touch right to side with hip bump
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ROLLING VINE AND TOUCH (L.R.)

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5-8 ¼ turn right stepping right forward, ¼ turn right stepping left to side, 1/2 turn right stepping right to side, touch left to side with hip bump

MERENGUE STEPS (L.R.) (BACHATA BASICS)

- 1-4 Step left to side, step right together, step left to side, touch right to side with hip bump
5-8 Step right to side, step left together, step right to side, touch left to side with hip bump

CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE, CROSS, SWEEP

- 1-4 Cross left over right, step right to side, cross left behind right, sweep right toe out from front to back
5-8 Cross right behind left, step left to side, cross right over left, sweep left toe out from back to front

MODIFIED JAZZ BOX ¼ TURN LEFT, SWEEP, BEHIND, SIDE, CROSS, SWEEP

- 1-4 Cross left over right, ¼ turn left stepping right back, cross left behind right, sweep right toe out from front to back
5-8 Cross right behind left, step left to side, cross right over left, sweep left toe out from back to front

STEP FORWARD, TOUCH, STEP BACK, TOUCH (2X) WITH SHIMMY

- 1-4 Step left forward, touch right behind left, step right back, touch left forward
5-8 Step left forward, touch right behind left, step right back, touch left forward
option: shimmy shoulders