STEPPIN'OFF









No Diggity Blues

| 4 WALL – 32 COUNTS – INTERMEDIATE | | | |
|-----------------------------------|--|-----------------------|---------------|
| STEPS | Actual Footwork | Calling Suggestion | DIRECTION |
| Section 1 | Dorothy Step, Forward Lock Step, Hitch, Hip Roll Right, Hip Roll Left 1/4 Turn | | |
| 1 – 2 & | Step right diagonally forward. Lock left behind right. Step right diagonally forward. | Right Dorothy | Forward |
| 3 & 4 | Step left diagonally forward. Lock right behind left. Step left diagonally forward. | Left Lock Left | |
| & | Hitch right knee. | Hitch | |
| 5 | Step right to right side and begin hip roll anticlockwise. | Hip Roll | On the spot |
| 6 | Bump hip to left (weight stays on right). | Bump | |
| 7 | Transfer weight onto left and begin hip roll clockwise. | Hip Roll | |
| 8 | Turn 1/4 right bumping hip to right (weight stays on left). (3:00) | Quarter | Turning right |
| Section 2 | Ball Step, Step, Pivot 1/4, Cross, 3/4 Turn, Lunge, Back, 1/4 Turn, Cross, Hitch | | |
| & 1 | Step right beside left. Step left forward. | & Step | Forward |
| 2 & | Step right forward. Pivot 1/4 turn left. (12:00) | Step Pivot | Turning left |
| 3 & 4 | Cross right over left. Turn 1/4 right stepping left back. Turn 1/2 right stepping right forward. | Cross Three Quarter | Turning right |
| 5 – 6 | Lunge forward on left. Recover onto right. (9:00) | Lunge Forward | On the spot |
| & 7 | Step left back. Turn 1/4 right stepping stepping right to side. (12:00) | & Quarter | Turning right |
| & 8 | Cross left over right. Hitch right knee. | Cross Hitch | Right |
| Section 3 | Cross, Side, Syncopated Sailor, Step, Sweep, Cross, Back, 1/4, Cross, Lifted 1/2 | | |
| 1 – 2 | Cross right over left. Step left to left side. | Cross Side | Left |
| & 3 & | Cross right behind left. Step left to left side. Step right diagonally forward right. | Sailor Step | On the spot |
| 4 – 5 | Step left forward. Begin sweeping right from back to front. | Step Sweep | Forward |
| 6 & | Cross right over left. Step left back. | Cross Back | On the spot |
| 7 & | Turn 1/4 right stepping right to right side. Cross left over right. (3:00) | Quarter Cross | Turning right |
| 8 | Stepping right to side turn 1/2 left on ball of right, lifting left straight leg. (9:00) | Half | Turning left |
| Section 4 | Side, Hold, Touch, Hip Bump, Side Rock, Triple Full Turn | | |
| 1 – 2 | Step left to left side. Hold. | Side Hold | Left |
| 3 – 4 | Touch right toe forward while bumping hip forward. Take weight onto right. | Touch Bump | On the spot |
| 5 – 6 | Rock left to left side. Recover onto right. | Side Rock | |
| 7 & 8 | Triple step full turn left, stepping - left, right, left. (9:00) | Triple Full Turn | Turning left |

Choreographed by: Darren Bailey (UK) and Roy Verdonk (NL) December 2013

Choreographed to: 'No Diggity' by Oli Brown from CD Heads I Win, Tails You Lose; download available from amazon or iTunes (following lyrics 'I think about the girl all the time', start on word East - 'East side to the west side')

Choreographers' note: Choreographed for Berth Ek, his 10th anniversary party at AdventsSparken

