

No Bad News Aka This Ol' Dance

32 count, 4 wall, intermediate level

Choreographer: Michele Burton & Michael Barr (USA)
July 2002

Choreographed to: Don't Nobody Bring Me No Bad News 128 bpm), CD: Soundtrack from THE WIZ - CD 2
Cut 6; Oops I Slipped and Fell In Love by Alan Jackson
(120 bpm)

8 count intro

1 – 8 VINE RIGHT, STEP BACK, SIDE, CROSS, TOUCH

1 – 4 Step right foot to right; Step left behind right; Step right foot to right; Step left in front of right
5 – 8 Step right foot back; Step left foot to back left diagonal; Step right foot in front of left;
Touch left toe to left

Styling: Cts 5 – 7 are intended to be taken with large steps) (Optional armstyling: Snap fingers on ct. 8

9 – 16 STEP ¼ TURN HITCH, STEP ½ TURN HITCH, TRIPLE FORWARD, ROCK AND STEP

1 – 2 Step forward on left foot; Make ¼ turn left on ball of left foot, hitching right foot
Styling: Keep hitch low, point toe toward floor...you may want to hitch at ankle level or touch toe to floor
3 – 4 Step forward on right foot; Make ½ turn right on ball of right foot, hitching left foot
5 & 6 Step forward on left; Step right beside left; Step forward on left
7 & 8 Rock forward on right; Return weight left; Step back on right

17 – 24 1/4 TURN SLIDE TOUCH, SHUFFLE FORWARD, ¾ BIG CIRCLE WALK AROUND

1 – 2 Turn ¼ turn left on ball of right foot, taking a large step left onto left foot; Touch right beside left
3 & 4 Step forward on right; Step left beside right; Step forward to right diagonal on right foot (12:00)
5 – 8 Step forward on left and continue to walk to the right, making ¾ of a circle for counts 5 – 8 (9:00)
Optional arm styling: Raise arms in the "hallelujah church chorus style," or do whatever you deem to be entertaining and fun

25 – 32 STEP TOUCH, AND TOUCH AND TOUCH, HIPS, HIPS, HIPS, HIPS

1 – 2 Step left foot to forward left diagonal; Touch right beside left
&3&4 Step right foot to forward right diagonal; Touch left beside right; Step left foot to forward left diagonal; Touch right beside left
5 – 8 Step right foot to right and sway hips right; Sway hips left; Sway hips right; Sway hips left, sliding right toe to touch beside left foot

Optional arm styling: Hands in the baseball umpire's "safe" position: both hands away from body on ct. 5, cross at waist level on ct. 6, uncross hands away from body on ct. 7, snap fingers on ct. 8

THE BROADWAY FINISH ☺

At the end, (wall 11), the music slows down on count 4 of the first set of 8. Ignore the slow music. Continue to dance through count 20 (shuffle forward). Pick up the slow beat on the word "NEWS." Take 8 slow steps, beginning on the left foot, making a ½ circle right and continuing forward toward the front of the room. (Arm styling: Slowly lift arms up (from sides) to high "V" position for counts 1 – 7. On count 8, cross wrists over head. Count & HIT high "V" position for BIG FINISH

LET'S DANCE IT AGAIN AND AGAIN
