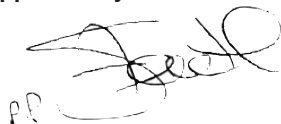




Approved by:



# Nkalakatha

(The Big Boss)

## 4 WALL - 48 COUNTS - IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b> 1 - 2 3 - 4 5 - 6 7 - 8	<b>Step x 4, Step With Touch, Back With Touch</b> With knees bent into crouch, step left to left side. Step right to right side. Repeat counts 1 - 2, done with a rolling ankle action Straighten up and step left forward. Touch right beside left. Step right back. Touch left beside right.	Left Right  Step Touch Back Touch	On the spot  Forward Back
<b>Section 2</b> 1 & 2 3 - 4 5 - 6 7 - 8	<b>Forward Shuffle, Forward Rock, 1¼ Rolling Vine, Touch</b> Step left forward. Close right beside left. Step left forward. Rock right forward. Recover onto left (using 'spear action' with right hand). Step right back making 1/4 turn right. Turn 1/2 right and step left forward. Turn 1/2 right stepping right back. Touch left beside right. (3:00)	Left Shuffle Forward Rock Turn Turn Turn Touch	Forward On the spot Turning right
<b>Section 3</b> 1 - 2 3 - 4 5 - 6 7 - 8	<b>1/4 Turn, Kick, Back x 2, Step, Kick, Back x 2</b> Step left 1/4 turn left. Kick right forward. (12:00) Step back right. Step back left. (Feet should be slightly apart and in line.) Step right forward. Kick left forward. Step left back. Step right back (feet apart and in line).	Turn Kick Back Back Step Kick Back Back	Turning left Back Forward Back
<b>Section 4</b> 1 - 4 5 - 6 7 - 8	<b>Walk Forward x 3, Kick, Walk Back x 2, 1/4 Turn, Touch</b> Walk forward - left, right, left. Kick right forward (high kick). Step right back. Step left back. Step right back making 1/4 turn right. Touch left beside right. (3:00)	Left Right Left Kick Back Back Turn Touch	Forward Back Turning right
<b>Section 5</b> 1 2 - 3 4 5 - 6 7 - 8	<b>Full Rolling Vine Left With Touch, 1/4 Turn, Touch, Side, Touch</b> Step left to left side making 1/4 turn left. Make 1/2 turn left stepping right back. Make 1/4 left stepping left to left side. Touch right beside left. Step right 1/4 turn right. Touch left beside right. (6:00) Step left to left side. Touch right beside left.	Turn Turn Turn Touch Turn Touch Side Touch	Turning left  On the spot Turning right Left
<b>Section 6</b> 1 2 - 3 4 5 - 6 7 - 8	<b>Full Rolling Vine Right With Touch, Side, Touch, 1/4 Turn, Touch</b> Step right to right side making 1/4 turn right. Make 1/2 turn right stepping left back. Make 1/4 turn left stepping right to side. Touch left beside right. Step left to left side. Touch right beside left. Step right 1/4 turn right. Touch left beside right. (9:00)	Turn Turn Turn Touch Side Touch Turn Touch	Turning right  On the spot Left Turning right

**Choreographed by:** Craig Smith (South Africa) January 2009

**Choreographed to:** 'Nkalakatha' by Mandoza (108 bpm) from CD Nkalakatha (32 count intro - second time he says Nkalakatha). Music available via iTunes

**Choreographer's Note:** The word Nkalakatha (pronounced incolorkata) is a Zulu word meaning 'the big boss' and the dance is based on traditional Zulu dancing