

Nip, Tug & Squeeze

32 Count, 4 Wall, Beginner

Choreographer: Norma Jean Fuller (USA) June 2014

Choreographed to: Gravity Is A B**** by Miranda Lambert

Start dancing on lyrics

STEP RIGHT, LEFT HEEL TOE SWIVELS, LEFT DIAGONAL STEP, HEEL TOE SWIVELS

- 1-2 Step right side, swivel left heel in
- 3-4 Swivel left toe in, swivel left heel in
- 5 Step left diagonally forward
- 6-8 Swivel right heel in, swivel left toe in, swivel right heel in

FORWARD DIAGONAL TOUCH, BACK DIAGONAL TOUCHES, LEFT STEP BACK HOLD

- 1-2 Step right diagonally forward, touch left together
- 3-4 Step left diagonally back, touch right diagonally forward
- 5-6 Step right diagonally back, touch left diagonally forward
- 7-8 Step left back, slide right toward left

WEAVE RIGHT, STEP LEFT TOGETHER, TURN ¼ LEFT

- 1-4 Step right side, cross left over, step right side, cross left behind
- 5-8 Step right side, step left together, step right forward, turn ¼ left (weight to left)

WEAVE LEFT, TOE TOUCH BEHIND RIGHT, HOLD

- 1-4 Cross right over, step left side, cross right behind, step left side
 - 5-6 Cross right over, step left side
 - 7-8 Cross/touch right behind, hold
- Option: elbows at sides, hands out to sides, palms up