

Ninna's Waltz

Phrased, 2 Wall, Advanced, Waltz

Choreographer: Merete Sevel (May 2009)

Choreographed to: Thinking Over by Dana Glover, CD:
Testimony

Sequence: 24-count intro, AB, AB, A Tag B, AB, A

PART A

BACK, SIDE, TOGETHER, FORWARD, SIDE, TOGETHER

1-3 Step right back, step left to side, step right together (12:00)

4-6 Step left forward, step right to side, step left together

¼ LEFT, SIDE, TOGETHER, ¼ LEFT, SIDE, TOGETHER

1-3 Step right back turn ¼ left, step left to side, step right together (9:00)

4-6 Step left forward turn ¼ left, step right to side, step left together (6:00)

¼ LEFT, SIDE, TOGETHER, ¼ LEFT, SIDE, TOGETHER

1-3 Step right back turn ¼ left, step left to side, step right together (3:00)

4-6 Step left forward turn ¼ left, step right to side, step left together (12:00)

FORWARD, SIDE TOGETHER, BACK, SIDE, TOGETHER

1-3 Step right forward, step left to side, step right together

4-6 Step left back, step right to side, step left together

¼ RIGHT, SIDE, TOGETHER, ¼ RIGHT, SIDE, TOGETHER

1-3 Step right forward turn ¼ right, step left to side, step right together (3:00)

4-6 Step left back turn ¼ right, step right to side, step left together (6:00)

¼ RIGHT, SIDE, TOGETHER, ¼ RIGHT, SIDE, TOGETHER

1-3 Step right forward turn ¼ right, step left to side, step right together (9:00)

4-6 Step left back turn ¼ right, step right to side, step left together (12:00)

FORWARD, SWEEP; FORWARD, SWEEP

1-3 Step right forward, sweep left around from back to front over 2 counts

4-6 Step left forward, sweep right around from back to front over 2 counts

CROSS, BACK, SIDE, CROSS, BACK, SIDE

1-3 Cross right over left (facing 10:30), step left back, step right to side squaring up to (12:00)

4-6 Cross left over right (facing 1:30), step right back, step left to side squaring up to (12:00)

FORWARD, SWEEP; CROSS, UNWIND FULL TURN WITH SWEEP

1-3 Step right forward, sweep left around from side to front (2-3)

4-6 Cross left in front of right, unwind one full turn right sweeping right around (5-6)

SAILOR STEP, BEHIND, SIDE, CROSS

1-3 Cross right behind left, step left to side (small step), step right to side (small step)

4-6 Cross left behind right, step right to side, cross left over right to the diagonal (1:30)

FORWARD, SOFT LIFT; BACK, 2X ¼ RIGHT

1-3 Step right forward, make one low soft lift with left (2-3)

4-6 Step left back, step right turn ¼ right, step left forward turn ¼ right (7:30)

FORWARD, SOFT LIFT; BACK BASIC

1-3 Step right forward, make one low soft lift with left (2-3)

4-6 Step left back, step right together, step left in place squaring up to 6:00 (6:00)

CROSS, POINT, HOLD, CROSS, ½ TWINKLE TURN LEFT

1-3 Cross right over left, point left to side, hold

4-6 Cross left over right, step right back turn ¼ left, step left to side, turn ¼ left (12:00)

CROSS, POINT, HOLD, CROSS, ½ TWINKLE TURN LEFT

1-3 Cross right over left, point left to side, hold

4-6 Cross left over right, step right back turn ¼ left, step left to side, turn ¼ left (6:00)

CROSS ROCK, 2X HOLD, RECOVER, DRAG

1-3 Cross rock right over left, hold, hold

4-6 Recover left back, drag right towards left over two counts (5-6) (6:00)

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- FORWARD, SWEEP ¼ RIGHT; FORWARD, SWEEP 3/8 LEFT**
1-3 Step right forward turn ¼ right, sweep left around (2-3) (9:00)
4-6 Step left forward, sweep right around making 3/8 turn left (5-6) (4:30)
- FORWARD, SWEEP 1/8 RIGHT; SWAY LEFT**
1-3 Step right forward, sweep left around from back to left side turn 1/8 right (2-3) (6:00)
4-6 Step left to side swaying left
- SWAY RIGHT; SWAY LEFT**
1-3 Put weight on right swaying right
4-6 Put weight on left swaying left (prep. For the right full turn)
- PART B**
- TURN ¼ RIGHT, CHAINE SPIN ¾ RIGHT; TURN ¼ RIGHT, CHAINE SPIN ¾ RIGHT**
1-3 Step forward turn ¼ right on right, spin ¾ turn right on right, step left together (6:00)
4-6 Step forward turn ¼ right on right, spin ¾ turn right on right, step left together (6:00)
- TURN ¼ RIGHT, SOFT LIFT; BACK BASIC**
1-3 Step right forward turn ¼ right, make one low soft lift with left across right (2-3) (9:00)
4-6 Step left diagonally back, step right together, step left in place
- FORWARD, SOFT LIFT; BACK BASIC**
1-3 Step right forward, make one low soft lift with left across right (2-3)
4-6 Step left diagonally back, step right together, step left in place
- ¼ LEFT BACK BASIC, ¼ LEFT FORWARD BASIC**
1-3 Step right back turn ¼ left, step left together, step right in place (6:00)
4-6 Step left forward turn ¼ left, step right together, step left in place (3:00)
- FORWARD, FORWARD, ¾ SPIRAL RIGHT, FORWARD, FORWARD, ¾ SPIRAL RIGHT**
1-3 Step right diagonally forward (facing 4:30), step left forward, make a spiral turn ¾ turn right (1:30)
4-6 Step right forward (facing 1:30), step left forward, make a spiral turn ¾ turn right (10:30)
- FORWARD, FORWARD, ¾ SPIRAL RIGHT, FORWARD, FORWARD, ¾ SPIRAL RIGHT**
1-3 Step right forward (facing 10:30), step left forward, make a spiral turn ¾ turn right (7:30)
4-6 Step right forward (facing 7:30), step left forward, make a spiral turn ¾ turn right (4:30)
Counts 25-36 will create a box
- SIDE, HOLD TWICE, ¼ LEFT, ½ LEFT, ¼ BALL TURN LEFT**
1-3 Step right to side squaring up to (6:00), hold for 2 counts prep. For full turn left (6:00)
4-6 Step left forward turn ¼ left, step right back turn ½ left, on ball of right turn ¼ left (6:00)
- SIDE, HOLD TWICE, ¼ RIGHT, ½ RIGHT, ¼ BALL TURN RIGHT**
1-3 Step left to side, hold for 2 counts prep. For full turn right
4-6 Step right forward turn ¼ right, step left back turn ½ right, on ball of left turn ¼ right (6:00)
- TAG**
& (Weight is on left) step right together (6:00)
1-3 Step left to side swaying left
4-6 Put weight on right swaying right
7-9 Put weight on left swaying left (prep. For the right full turn)

Dedicated to my sweet friend Ninna

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