

**SECTION A (96)****DOUBLE SHIMMY RIGHT**

- 1 Step to right side with right foot
- 2 - 3 Shoulder shimmies
- 4 Place left foot next to right foot
- 5 Step to right side with right foot
- 6 - 7 Shoulder shimmies
- 8 Place left foot next to right foot

**DOUBLE SHIMMY FORWARD**

- 9 Step forward with left foot
- 10 - 11 Shoulder shimmies
- 12 Touch right toe next to left foot
- 13 Step forward with right foot
- 14 - 15 Shoulder shimmies
- 16 Touch left toe next to right foot

**DOUBLE SHIMMY LEFT**

- 17 Step to left side with left foot
- 18 - 19 Shoulder shimmies
- 20 Place right foot next to left foot
- 21 Step to left side with left foot
- 22 - 23 Shoulder shimmies
- 24 Touch right toe next to left foot

**DOUBLE SHIMMY BACKWARDS**

- 25 Step back with right foot
- 26 - 27 Shoulder shimmies
- 28 Touch left toe next to right foot
- 29 Step back with left foot
- 30 - 31 Shoulder shimmies
- 32 Touch right toe next to left foot

**RUNNING GRAPEVINE RIGHT, BRUSH**

- 33 Step to right side with right foot
- 34 Step across behind right leg with left foot
- 35 Step to right side with right foot
- 36 Step across in front of right leg with left foot
- 37 Step to right side with right foot
- 38 Step across behind right leg with left foot
- 39 Step to right side with right foot
- 40 Brush left toe forward

**RUNNING GRAPEVINE LEFT, BRUSH**

- 41 Step to left side with left foot
- 42 Step across behind left leg with right foot
- 43 Step to left side with left foot
- 44 Step across in front of left leg with right foot
- 45 Step to left side with left foot
- 46 Step across behind left leg with right foot
- 47 Step to left side with left foot
- 48 Brush right toe forward

**CAMEL WALK, TURNING BOX**

- 49 Step forward-right with right foot
- 50 Slide-lock left foot up behind right foot
- 51 Step forward-right with right foot

- 52 Step forward with left foot  
53 Step across in front of left leg with right foot  
54 Step back onto left toe  
55 Pivot 1/2 turn right on ball of left foot, stepping forward with right foot  
56 Step together with left foot

#### **CAMEL WALK TURNING BOX**

- 57 Step forward-right with right foot  
58 Slide-lock left foot up behind right foot  
59 Step forward-right with right foot  
60 Step forward with left foot  
61 Step across in front of left leg with right foot  
62 Step back onto left toe  
63 Pivot 1/2 turn right on ball of left foot, stepping forward with right foot  
64 Step together with left foot

#### **LEFT HEELS, TOES, HEELS, TOES**

- 65 Move both heels to left side  
66 Move both toes to left side  
67 Move both heels to left side  
68 Moves both toes to left side

#### **RIGHT TOES, HEELS, TOES, HEELS**

- 69 Move both toes to right side  
70 Move both heels to right side  
71 Move both toes to right side  
72 Move both heels to right side

#### **LEFT HEELS, HOLD, TOES, HOLD, HEELS HOLD, TOES, HOLD**

- 73 - 74 Moves both heels to left side, hold/clap  
75 - 76 Move both toes to left side, hold/clap  
77 - 78 Moves both heels to left side, hold/clap  
79 - 80 Move both toes to left side, hold/clap

#### **RIGHT TOES, HEELS, TOES, HEELS**

- 81 Move both toes to right side  
82 Move both heels to right side  
83 Move both toes to right side  
84 Move both heels to right side

#### **LEFT HEELS, TOES, HEELS, TOES**

- 85 Move both heels to left side  
86 Move both toes to left side  
87 Move both heels to left side  
88 Moves both toes to left side

#### **RIGHT TOES, HOLD, HEELS, HOLD, TOES, HOLD, HEELS, HOLD**

- 89 - 90 Moves both toes to right side, hold/clap  
91 - 92 Move both heels to right side, hold/clap  
93 - 94 Moves both toes to right side, hold/clap  
95 - 96 Move both heels to right side, hold/clap

### **SECTION B (64)**

#### **TWISTING 1/2 TURN LEFT**

- 1 Step forward onto ball of right foot  
2 - 8 Twist left and right on the balls of both feet completing 1/2 turn left on count 8

#### **TWIST LEANING FORWARD**

- 9 - 16 Continue twisting left and right and slowly lean forward with upper body

#### **TWIST LEANING BACK**

- 17 - 24 Continue twisting left and right and slowly lean backwards with upper body

#### **WIGGLE DOWN, DOWN, UP, UP, DOWN, DOWN, UP, UP**

- 25 - 26 With weight on both feet, shake shoulders and lower body down  
27 - 28 Continue shoulder shakes and raise body up

29 - 30 Continue shoulder shakes and lower body down  
31 - 32 Continue shaking shoulders and raise body up

**TWIST LEANING FORWARD**

33 - 40 Resume twisting left and right and slowly lean forward with upper body

**TWIST LEANING BACK**

41 - 48 Continue twisting left and right and slowly lean backwards with upper body

**STEP-SLIDE LEFT, STEP-SLIDE RIGHT**

49 Step to left side with left foot  
50 - 52 Slide right toe next to left foot  
53 Step to right side with right foot  
54 - 56 Place left foot next to right foot

**TWISTING 1/2 TURN LEFT**

57 Step forward onto ball of right foot  
58 - 64 Twist left and right on the balls of both feet completing 1/2 turn left on count 64

**REPEAT FROM SECTION A**