

-
- | | |
|-----------|--|
| 1 | Step left with left foot |
| 2 | Rock back on right foot |
| 3 | Rock forward on left foot |
| 4 & 5 | Step right with right foot, left foot next to right foot, right foot to right side |
| 6 | 1/4 turn right, left foot forward |
| 7 | Rock back on right foot |
| 8 & 9 | 1/4 turn left, left foot to side, right foot together, left foot to left side |
| 10 | 1/4 turn-rock forward on right foot |
| 11 | 1/2 turn left pivoting on both feet, shift weight to left foot |
| 12 & 13 | 1/4 turn left, right foot to side, left foot together, right foot to right side |
| 14 | 1/4 turn right, step forward on left foot |
| 15 | 1/2 turn right pivoting on both feet, shift weight to right foot |
| 16 & 17 | 1/4 turn right, left foot to side, right foot together, left foot to side |
| 18 - 23 | Rock back on right foot, forward on left foot, repeat two more times in each direction. |
| 24 & 25 & | Step forward on right foot, left foot locking across behind right foot, right foot forward |
| 26 | Left foot forward |
| 27 | 1/2 turn pivoting right on both feet & shift weight to right foot |
| 28 & 29 | Left foot forward, right foot locking across r behind left foot, left foot forward |
| 30 | Right foot forward |
| 31 | 1/2 turn pivoting left on both feet, shift weight to left foot |
| 32 & 33 | 1/4 turn left, grapevine right (right foot to side, left foot cross behind, right foot to side). |
| 34 | 1/4 turn right, left foot forward |
| 35 | 1/2 turn right pivoting on both feet, shift weight to right foot |
| 36 & 37 | 1/4 turn right, grapevine left (left foot to side, left foot cross behind, left foot to side). |
| 38 | 1/4 turn left, step forward on right foot |
| 39 | 1/2 turn left pivoting on both feet, shift weight to right foot |
| 40 & 41 | 1/4 turn left, right foot to side, left foot together, right foot to side |
| 42 | Rock forward on left foot |
| 43 | Rock back on right foot |
| 44 & 1 | Left foot to side, right foot together, left foot to side |

REPEAT