

## Needle In A Haystack

32 count, 1 wall, beginner level

Choreographer: William Sevone (July 2004)

Choreographed to: Needle In A Haystack by The Velvelettes (154 bpm). For alternate music please refer to dance sheet

Choreographers note:- This dance is suitable for the established Beginners (new levels) and above.. As the Choreographed music is quite fast, it is advisable that a slower piece of music of around 114 to 126 bpm (beats per minute) is used to either learn or teach the dance. Counts 13 to 18 can be deceptively fast even though they are not syncopated. Always remember - 'The beat may reach your feet - but the rhythm should electrify your soul'. Dance starts on the vocals with feet together and weight on the left foot.

### Cross Touch. Side Touch. 2x 'Slow' Sailor Step (12:00)

1 - 2 Cross touch right toe over left foot. Touch right toe to right side.  
3 - 4 Cross step right foot behind left. Step left foot next to right.  
5 - 6 Step right foot to right side. Cross step left foot behind right.  
7 - 8 Step right foot next to right. Step left foot to left side.

### 2x Sailor Step. Cross Step. Unwind 1/2 Right. Diagonal Flick Kick. Together (6:00)

9& 10 Cross step right foot behind left, step left foot next to right, step right foot to right side.  
11& 12 Cross step left foot behind right, step right foot next to right, step left foot to left side.  
13 - 14 Cross step right foot behind left. Unwind 1/2 right (weight on right foot).  
15 - 16 Flick kick left foot diagonally forward right. Step left foot next to right.

### Cross Step. Unwind 1/2 Left. Weave. Diagonal Flick Kick. Together (12:00)

17 - 18 Cross step right foot over left. Unwind 1/2 left (weight on right foot).  
19 - 20 Cross step left foot behind right. Step right foot to right side.  
21 - 22 Cross step left foot over right foot. Step right foot to right side.  
23 - 24 Flick kick left foot diagonally forward right. Step left foot next to right.

### 4x Side Toe Struts with Expression - or - Option (12:00)

25 - 26 Cross step right toe over left foot. Drop right heel to floor.  
27 - 28 Step left toe to left side. Drop left heel to floor.  
29 - 30 Cross step right toe over left foot. Drop right heel to floor.  
31 - 32 Step left toe to left side. Drop left heel to floor.  
Dance note: Counts 25-32: lean upper body to right and turn head to left.  
Option: Counts 25-30: incorporate a full turn right into the toe struts.

Other suggested music: Shalamar

A night to remember (110 bpm)

Aretha Franklin

Respect (114 bpm)

Rose Royce

Is it love that you're after (116 bpm)

Kelly Marie

Feels like I'm in love (123 bpm)

The Spellbinders

Chain reaction (126 bpm)

Steps or Diana Ross

Chain reaction (128 bpm)

(note: The song by The Spellbinders is not the same as Steps or Diana

Ross)

Trammps

Disco inferno (130 bpm)

Gladys Knight &amp; The Pips

Don't waste my time (132 bpm)

Sylvester

You make me feel [mighty real] (132 bpm)

Laura Greene

Moonlight, music and you (134 bpm)