

Need The Rush

32 count, 4 wall, intermediate level

Choreographer: Sandy Albano (USA) July 2005

Choreographed to: Rush by Cherie, Album Cherie
(94 bpm)

Start on vocals (16 cts)

Side, Back Rock Step; Touches and Step; Drag and turn to R (3:00)

- 1,2,3 Long step right on R, Rock back on L and recover onto R
4 & 5 Touch L to left side, Slide L back beside R, Long step to left on L
6, 7 Drag R to the left and touch R toe next to L, turn body one-quarter to right using the momentum of R knee roll to right (no weight on R toe)

Right Lock step; Left Cross Rock, Three-quarter turn to Left; Right Coaster Step (6:00)

- 8 & 1 Step forward on R, lock step L behind R, step forward on R
2,3 Cross L forward over R and recover onto R,
4&5 Step on L turning one-quarter to left, Step forward on R turning one-quarter to left, step back onto L turning one-quarter to left
6,7 Step back R, step back L
8&1 Step back R, step back L, step forward onto R

Full turn to Right; Left Cross Rock, Left touch, step; Right touch; Quarter turn Sailor step (9:00)

- 2 Step forward on L turning one-half turn to the right
3 Step forward on R turning one-half turn to the right
4&5 Cross L forward over R, recover weight onto R, touch L toe to left side
6,7 Step back onto L, touch R toe to right side
8&1 Step back onto R turning one-quarter turn to right, step L beside R, step forward onto R

Step L, Step R behind; Left Diagonal extended shuffle with touch; Syncopated vine right (9:00)

- 2 Step forward on left diagonal onto L
3 Step forward on R with R instep directly behind L heel (3rd position)?
4&5&6 Continuing on diagonal, step forward L, R, L, R, L
&7 Touch R beside L, Step to right on R
&8& Step L behind R, Step R to right side, Step L in front of R

Restart: Begin Wall 3 (6:00). Dance through the first 7 counts. After the one-quarter turn to right with knee roll, rock to right side on R (8), recover onto L (&). Begin the dance again with set one returning to the previous wall (3:00). Consider this to be Wall 4. Wall 5 will be the 6:00 wall. Continue other walls as usual.

Break: At the end of the 9:00 wall, the music breaks for four beats. Step right, touch L beside and roll R shoulder for 2 beats; step left, touch R beside and roll L shoulder for two beats. Resume the dance from the beginning. You may improvise any four beat movements to this section that you prefer.
