

Need A Hug

32 count, 4 wall, intermediate level

Choreographer: Sadiah Heggernes (Norway)

March 2008

Choreographed to: Put Your Arms Around Me by

Natasha Bedingfield (94 bpm), CD: Pocketful Of

Sunshine

16 Count Intro – start on vocals

- Section 1** **Slide Ball Cross, Back, Side, Sailor ¼ Turn, Step, Pivot**
1&2 Slide right toe diagonally right, step right slightly back, cross left over right
3-4 Step back on right, step left to left side
5&6 Cross right behind left making ¼ turn right, step left beside right, step forward right
7-8 Step forward on left, ½ turn right (weight stays on right) 9:00
- Section 2** **Slide Ball Cross, Back, Side, Sailor ½ Turn, Cross, Syncopated Lock Step**
1&2 Slide left toe diagonally left, step left slightly back, cross right over left
3-4 Step back on left, step right to right side 9:00
5&6 Cross left behind right, turning ½ turn left, step right beside left, cross left over right
&7 Lock right behind left, step forward on left
&8 Lock right behind left, step forward on left 3:00
- Section 3** **Full Turn, Coaster Step, Step, Sway, Chasse ¼ Turn**
1-2 ½ turn right stepping forward right, ½ turn right stepping back on left
3&4 Step back on right, step left beside right, step forward on right 3:00
5-6 Small step forward on left swaying left, then right
7&8 ¼ turn right stepping left to left side, close right beside left, step left to left side 6:00
- Section 4** **Back Rock, ¼ Turn, Step, Kick Ball Touch, Diagonal Skates**
1& Rock back on right, recover weight on left
2 ¼ turn right stepping forward on right 9:00
3&4 Kick left forward, step left beside right, touch right beside left
5-6 Skate diagonally right, left
7-8 Skate diagonally right, left 9:00
-