Natural Flow

Script approved by

Marueen & Michelle

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	**Diagonal Step, Together, Heel Twist, Diagonal Step, Together, Heel Twist.**		
1 - 2	Step right diagonally forward right. Step left beside right.	Step Together	Forward
3 - 4	Twist both heels right. Return both heels to centre.	Heel Twist	On the spot
5 - 6	Step left diagonally forward left. Step right beside left.	Step Together	Forward
7 - 8	Twist both heels left. Return both heels to centre.	Heel Twist	On the spot
Section 2	**Diagonal Step Back Touch x2, Right Vine With 1/4 Turn Right, Scuff.**		
1 - 2	Step right diagonally back right. Touch left beside right.	Back Touch	Back
3 - 4	Step left diagonally back left. Touch right beside left.	Back Touch	
5 - 6	Step right to right side. Step left behind right.	Side Behind	Right
7 - 8	Step right 1/4 turn right. Scuff left forward.	Turn Scuff	Turning right
Section 3	**Step, Scuff, Step, Scuff, Walks Back x3, Touch.**		
1 - 2	Step left forward. Scuff right forward.	Step Scuff	Forward
3 - 4	Step right forward. Scuff left forward.	Step Scuff	
5 - 6	Step left back. Step right back.	Back 2,	Back
7 - 8	Step left back. Touch right beside left.	3, Touch	
Section 4	**Monterey 1/2 Turn, Side, 1/4 Turn Left With Hook, Step, Touch.**		
1 - 2	Touch right to right side. Make 1/2 turn right stepping right beside left.	Touch Turn	Turning right
3 - 4	Touch left to left side. Step left beside right.	Touch Together	On the spot
5 - 6	Step right to right side. Make 1/4 turn left hooking left across right.	Side Turn	Turning left
7 - 8	Step left forward. Touch right beside left.	Step Touch	Forward

2 Wall Line Dance:- 32 Counts. Beginner.

Choreographed by:- The Girls (Maureen & Michelle Jones) (UK) September 2004.

Choreographed to:- 'If It Don't Come Easy (140 bpm) by Tanya Tucker from 'Most Awesome 9' CD - 16 count intro.

Music Suggestions:- 'What's Goin' On (158 bpm) by Shane Worley also from 'Most Awesome 9' CD - 28 count intro;
'Cowboy Up' (164 bpm) by Joni Harms from 'Let's Put The Western Back In The Country' CD - 16 count intro.