

## Myself

40 count, 4 wall, intermediate level

Choreographer: Karen Hedges (USA) May 2004  
Choreographed to: Cinderella by Kidz Bop (102 bpm);  
Little Man by Kathy Kiefer; Just What I Need by Craig  
Collins

---

### **STEP, SCUFF HITCH ROCK AND CROSS 1/4 LEFT, 1/2 LEFT, COASTER STEP**

- 1-2 Step forward L, scuff hitch R  
3&4 Rock side R, recover L, cross R over L.  
5-6 Step 1/4 turn left, step forward R 1/2 turn left  
7&8 Step back L together with R, step forward L.

### **POINT CROSS, POINT CROSS, STEP 1/4 TURN, BOUNCE 1/4 TURN HITCH**

- 9-10 Point R side right, cross R over L  
11-12 Point L side left, cross L over R  
13-14 Step forward R, 1/4 turn left  
15&16 On balls of both feet bounce 1/4 turn left cross hitch L over R

### **MODIFIED SAILOR STEPS, WALK, TOUCH**

- 17-18& Step L heel side left, step R behind L, step L  
19-20& Step R heel side right, step L behind R, step R  
21-22 Step L forward, step R forward  
23-24 Step L forward, touch R beside L

### **STEP, TURN, KICK AND POINT, TURN, TURN, COASTER STEP**

- 25-26 Step forward R, 1/2 turn left shift weight to L  
27&28 Kick R forward step on ball of R, point L to side left  
29-30 Step L 1/4 turn left, 1/2 turn right stepping back R  
31&32 Step back L bring R to meet, step forward L

### **STEP, 1/2 LEFT HITCH, LOCK STEP, POINT, POINT, SHOULDER BUMPS 1/4 CROSS HITCH**

- 34-35 Step forward R, 1/2 turn left hitch L over R  
35&36 Step forward L lock R behind L, step forward L  
37&38 Point R to side right bring R to meet L, point L to side left  
39&40 Drop right shoulder, drop left shoulder, drop right shoulder leaving weight on R 1/4 turn left cross hitch L over R.
-