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- 1 - 4 Step forward on left toe, drop left heel, touch right beside left, kick right foot forward
5 - 8 Step back on right, rock forward on left, step forward on right, pivot 1/2 turn left
1 - 4 Step forward on right toe, drop right heel, touch left beside right, kick left foot forward
5 - 8 Step back on left, rock forward on right, step forward on left, pivot 1/2 turn right
1 - 2 Step forward on left, step forward on right
& 3 - 4 Step left to left side, replace weight onto right, step forward onto left foot
5 - 8 Touch right heel to right side, touch right beside left, scoot forward on left hitching right knee, step forward on right
1 - 4 Touch left heel to left side, touch left beside right, scoot forward on right hitching left knee, step forward on left
5 - 6 Step back on right, step back on left
& 7 - 8 Step right to right side, replace weight onto left, step right behind left
1 - 4 Vine left-right-left, touch right beside left
5 - 8 Vine right-left-right, turning 1 1/4 turns right, step left beside right
1 - 4 Touch right heel to right side, step ball of right over left, pivot 1/2 turn left, hold
5 - 8 Step ball of right foot over left, pivot 3/4 turn left while swinging left foot around slightly off the ground step left foot down, step right foot down (shoulder width apart)
1 - 4 Rock hips left, rock hips right, jump feet together crossing right over left, pivot 1/2 turn left
5 - 8 Step right to right side pushing hips to right, replace weight onto left step right across in front of left, hold
1 - 4 Step left to left side pushing hips to left, replace weight onto right step left across in front of right, hold
5 - 8 Swivet to right turning 1/4 turn right, swivet back to center turning 1/4 turn left step forward on right turning 1/4 turn left, touch left beside right,

REPEAT