

My Sugar Pie

BEGINNER

32 Count 4 Walls

Choreographed by: Rene and Reg Mileham
Choreographed to: I Can't Help Myself
(Sugar Pie, Honey Bunch) by The Four Tops

Section 1 Forward Toe struts. Chasse. Two walks back L, R

1 - 2 Right toe strut forward, drop heel
3 - 4 Left toe strut forward, drop heel
5 & 6 Right Chasse
7 - 8 Walk back, back L, R

Section 2 Backward Toe struts. Chasse. Two walks forward R,L

1 - 2 Left toe strut back, drop heel
3 - 4 Right toe strut back, drop heel
5 & 6 Left Chasse
7 - 8 Walk forward R,L

Section 3 Grapevine, touch. Left Kick ball change x 2

1 - 2 Step right to side, step left behind right
3 - 4 Step right to side, touch left next to right
5 & 6 Left Kick ball change
7 & 8 Left Kick ball change

Restart here on 7th wall

Section 4 Grapevine, with 1/4 turn left, touch. Right Kick ball change x 2

1 - 2 Step left to side, step right behind left
3 - 4 Step left to side, making 1/4 turn left, touch right next to left
5 & 6 Right Kick ball change
7 & 8 Right Kick ball change

1 Restart end of Section 3 (after counts 7 & 8) on 7th wall
