

## My Sleeping Child

32 Count, 4 Wall, Improver

Choreographer: Phil Dennington (UK) Oct 06  
Choreographed to: Sleeping Child by Michael Learns  
To Rock, Album: Colours

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Intro: 16 seconds, 24 count, Start on Vocals "The Milky Way"

**STEP 1/2 PIVOT, 1/2 RIGHT TURNING TRIPLE, 1/4 RIGHT 1/4,RIGHT, SHUFFLE FWD**

1,2,3&4 Step fwd left, pivot 1/2 right, turning shuffle right (stepping L,R,L), (12)

5,6,7&8 Step back 1/4 right on your right, step forward 1/4 right on left, shuffle forward right, left right (6)

**LEFT ROCK FORWARD/RECOVER COASTER STEP, RIGHT ROCK FORWARD/  
RECOVER, COASTER STEP**

1,2,3&4 Left Rock Fwd, Recover back on right, step left back, right together, left fwd (coaster step),

5,6,7&8 Right Rock Fwd, Recover back on left, step right back, left together, right fwd (coaster step) (6)

**STEP FWD, PIVOT 3/4 RIGHT, LEFT SIDE CHASSE, RIGHT SAILOR, LEFT SAILOR**

1,2,3&4 Step fwd left, pivot 3/4 right, left side chase left, together, left (3)

5&6,7&8 Right behind, side, step (right sailor), left behind, side, step (left sailor)

**ROCK FWD, RECOVER, RIGHT 1/2 TURNING SHUFFLE, LEFT ROCKING CHAIR**

1,2 Rock Fwd right, Recover back left,

3&4 1/2 Turning shuffle right, left, right (9)

5,6,7,8 Rock Fwd on Left, Recover back on Right, Rock back on Left, Recover on Right (9)

**TAG:** 8 Count Tag on the End of wall 6

**FWD SHUFFLE, STEP 1/2 PIVOT, FWD SHUFFLE STEP 1/2 PIVOT**

1&2,3,4 Step fwd left, together, left, (shuffle) Step fwd right, pivot 1/2 left

5&6,7,8 Step fwd right, together, right (shuffle) Step fwd left, pivot 1/2 right

Dance Sequence:

Wall---Facing Clock

1----- 12

2----- 9

3----- 6

4----- 3

5----- 12

6----- 9 Add Tag at End of this wall facing 6o'clock

7----- 6

8----- 3

9----- 12

10----- 9 For Finish at The End Of Wall 10 do 1/4 Turn

Choreographers note: I was inspired to Choreograph a dance to this track "Sleeping Child". The lyrics are such a statement I am sure it is the feelings of a lot of us