

Atomic Man

INTERMEDIATE

32 Count 4 Walls

Choreographed by: Steve Mason

Choreographed to: I'm Your Man by Enrique Iglesias

Cross Steps, Rock, Repeat, Travelling Slightly Forwards

- 1 - 2 Angle Body On Left Diagonal, Crossing Step Right Foot Over Left Foot Bending Knees, Angle Body Right Diagonal Bending Knees, Crossing Left Foot Over Right Foot,
3 & 4 Angle Body On Left Diagonal, Rock Right Foot Across Left Foot, Recover Weight Onto Left Foot, Rock Weight Onto Right Foot, (still Crossed),
5 - 8 Repeat Counts 1-4 Leading With Left Foot.

Right Knee In, 1/4 Turn Right, Kick Right, Shuffle Back, Touch Back, Reverse 1/2 Pivot, Step 1/2 Pivot

- 9 & 10 Bend Right Knee In To Left Leg, Make A 1/4 Turn Right And Kick Right Foot Forward,
11 & 12 Step Right Foot Back, Close Left Foot Beside Right Foot, Step Right Foot Back,
13 - 14 Touch Left Toes Back, Reverse 1/2 Pivot Turn Left,
15 - 16 Step Right Foot Forward, Make 1/2 Pivot Turn Left.

Full Turn Forward, Right Mambo Rock, Left 1/4 Toe Touches

- 17 - 18 Make A Full Turn Anti Clockwise Forward Stepping Right, Left (or Walk Right Left),
19 & 20 Rock Forward On Right Foot, Recover Weight Onto Left Foot In Place, Step Right Foot Next To Left Foot,
21 - 22 Touch Left Toes Forward, Touch Left Toes To Left Side While Making 1/4 Turn Left,
23 - 24 Touch Left Toes Forward Making 1/4 Turn Right, Step Left Foot 1/4 To Left.
Note: Follow Foot Movements With The Head.

Right Heel Ball Cross, Heel Jack 1/4 Turn Left, Right Shuffle, Left Mambo

- 25 & 26 Tap Right Heel Diagonally Forward, Step Right Foot Into Place, Cross Left Foot Over Right Foot,
27 - 28 Step Right Foot To Right, Whilst Making 1/4 Turn Left Touch Left Heel Forward,
& 29 & 30 Step Left Foot Into Place, Step Forward On Right Foot, Close Left Foot Beside Right Foot, Step Forward On Right Foot,
31 & 32 Rock Forward On Left Foot, Recover Weight Onto Right Foot, Step Left Foot Next To Right Foot.

Replace Step 1-8 With Modified Running Man Steps

- 1 & Step Right Foot Diagonally Across Left Foot, Slide Right Foot Back Whilst Hitching Left Knee,
2 & Step Left Foot Diagonally Across Right Foot, Slide Left Foot Back Whilst Hitching Right Knee,
3 & 4 Rock Right Foot Over Left Foot, Recover Weight Onto Left Foot, Rock Weight Onto Right Foot,
5 - 8 Repeat Counts 1-4 Leading With Left Foot ...

Begin Dance Again