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My Rainbow

32 count, 4 wall, beginner level

Choreographer: DJ Dan & Wynette Miller (NL)

Feb 2006

Choreographed to: Rock At The End Of My Rainbow
by Heather Myles, CD: Highways & Honky Tonks
(170 bpm)

Intro 16 counts. Start on the word "rock". I found a ...rock...

ROCKS, SCUFF; ROCKS, SCUFF

1-4 Rock right forward. Rock left back. Rock right forward. Scuff left.

5-8 Rock left forward. Rock right back. Rock left forward Scuff right.

STEP, HOLD, 1/2 PIVOT LEFT, HOLD; STEP, HOLD, 1/4 PIVOT LEFT, HOLD

1-4 Step right forward. HOLD. Pivot 1/2 turn left. HOLD.

5-8 Step right forward. HOLD. Pivot 1/4 turn left. HOLD.

CROSS ROCK, SIDE, HOLD; CROSS ROCK, SIDE, HOLD

1-4 Cross rock right over left. Recover weight onto left. Step right to right side. HOLD.

5-8 Cross rock left over right. Recover weight onto right. Step left to left side. HOLD.

STEP, LOCK, STEP, SCUFF; STEP, LOCK, STEP, SCUFF

1-4 Step right forward. Lock left behind right. Step right forward. Scuff left.

5-8 Step left forward. Lock right behind left. Step left forward. Scuff right.

Begin again....and have fun.

Partner Dance. Right side by side position. Same footwork.

Change the 1/4 pivot turn into 1/2 pivot turn.
