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# My Only Love

32 count, 4 wall, Intermediate level Choreographer: Chad Manson (UK) Mar 2006 Choreographed to: Only Love, Trademark

16 count intro

Sten F	20ck & 1/2 R	Forward 1	1/4 R Side	Rock Cross	Right Side R	nck Cross i	1/4 R Cross

- 1 Step left forward
- 2&3 Rock right forward, recover onto left, making ½ turn right step right forward
- 4&5 Making ¼ turn right rock left to left, recover onto right, cross left over right
- 6&7 Rock right to right, recover onto left, cross right over left
- 8&1 Making ¼ turn right step left back, making ¼ turn right step right to right, cross left over right

# Recover, Side, Cross Shuffle, 1/4 R, 1/2 R, Forward, Recover

- 2-3 Recover onto right, step left to left
- 4&5 Cross right over left, step left to left, cross right over left
- 6& Making ¼ turn right step left back, making ½ turn right step right forward
- 7-8 Rock left forward, recover onto right

# Back, Diagonal R Back Shuffle, Diagonal L Back Shuffle, Sway X2, Full Turn Right

- Step left back to left diagonally (You should be facing right diagonally at 1 o'clock)
- 2&3 Still facing 1 o'clock, step right to right, lock left over right, step right to right
- 4&5 Turning ¼ turn left (facing 11 o'clock) step left to left, lock right over left, step left to left
- 6-7 Step and sway right to right sway left to left (While swaying square off to 12 o'clock)
- 8&1 Making ¼ turn right step right forward, making ½ turn right step left back, making ¼ turn right
- step right to right

## Cross Rock, ¼ L Forward, Walk, Walk, Lunge, Recover, ½ R Step, Forward, Walk

- 2&3 Cross left over right, recover onto left, making ¼ turn left step left forward
- 4&5 Step right forward, step left forward, lunge right forward
- 6&7 Recover onto left, making ½ turn right step right forward, step left forward
- 8 Step right forward

### Restart

During wall 3, do first 8 counts, then restart dance facing 9 o'clock.

During wall 7, do until count 25 (full turn right), drag left toe towards right foot on 1 count, then restart dance facing 6 o'clock.

#### Tag

After wall 6, facing 6 o'clock, sway hips left right left right.

#### Ending

During wall 8, after full turn right, cross left over right, unwind ½ turn right to face front wall.

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