

My Only Dreamers

64 Count, 4 Wall, Improver

Choreographer: Wanda Heldt (Aus) Aug 2012

Choreographed to: Only Dreamers by Helen Fischer

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- 1 RIGHT HEEL, TOE, SHUFFLE FORWARD, LEFT HEEL, TOE, SHUFFLE FORWARD**
1-2 Right Heel forward, Toe back,
3&4 Right Shuffle forward
5-6 Left Heel forward, Toe Back
7&8 Left Shuffle forward
- 2 ROCK, RECOVER & STEP ON RIGHT, LEFT HEEL FORWARD, HOLD & STEP ON LEFT, ROCK FORWARD, RECOVER 1/4 TURN LEFT, RIGHT SHUFFLE FORWARD R.L.R.**
1-2 Rock forward on Right, Recover on Left
&3-4 Step on Right, Touch Left Heel forward, Hold.
&5-6 Step on Left, Rock forward on Right with a 1/4 turn Left, Recover on Left. [9:00]
7&8 Shuffle forward R.L.R
- 3 LEFT HEEL, TOE, SHUFFLE FORWARD, R. HEEL, TOE BACK, SHUFFLE FORWARD**
1-2 Left Heel forward, Toe Back.
3&4 Left Shuffle forward
5-6 Right Heel forward, Toe back.
7&8 Right Shuffle forward.
- 4 ROCK, RECOVER & STEP ON LEFT, RIGHT HEEL FORWARD, HOLD & STEP ON RIGHT, ROCK FORWARD, RECOVER WITH A 1/4 RIGHT, LEFT SHUFFLE FORWARD**
1-2 Rock forward on Left, Recover on Right.
&3-4 Step on Left, Touch Right Heel forward, Hold.
&5-6 Step on Right, Rock forward on Left , Recover on Right with a turn 1/4 Right. [12:00]
7&8 Left shuffle forward L.R.L
- 5 ROCK BACK, RECOVER, SIDE SHUFFLE, ROCK BACK RECOVER**
1- 4 Rock back on Right, Recover on Left, Double Kick Right forward
5&6 Side Shuffle R.L.R,
7-8 Rock back on Left, Recover on Right.
- 6 SIDE ROCK, RECOVER, SIDE SHUFFLE, BACK, RECOVER**
1-4 Side Rock Left, Recover on Right, Double Kick Left forward
5&6 Side Shuffle L.R L,
7&8 Rock back on Right, Recover on Left. Rock back on Right, Recover on Left.
- 7 4 PADDLES - TURNING LEFT - Coming back to Main Wall – 12:00**
1-2 Step forward on Right, 1/4 turn Left - Replacing weight on Left.
3-8 Repeat... 3 more times to 9:00 – 6:00 - 3:00 and end up facing 12:00]
- 8 ROCK, RECOVER 1/4 RIGHT, RIGHT COASTER STEP, ROCK ,RECOVER, LEFT COASTER STEP**
1-2 Rock forward on Right, Recover on Left with 1/4 turn Right [3:00]
3&4 Step Right back, Step Left back next to right, Step forward on Right.
5-6 Rock forward on Left, Recover on Right
7&8 Step back Left, Step Right back next to Left, Step forward on Left.

I choreographed this dance in Aug.2012 – But never published [I Forgot] haha.....for my less experienced dancers - Keeps them on the dance floor in class & socials.

Split floor - with DREAMERS by Tom Glover - Which is one of Perth WA... favourite dance.

Repeat..... HAVE FUN IN LIFE & IN DANCE
