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My Moments

INTERMEDIATE

48 Count 2 Walls

Choreographed by: Rebecca Armstrong Choreographed to: Moments by Emerson Drive

1 - 7 1	STEP, BEHIND SIDE CROSS, ROCK RECOVER CROSS, TRIPLE FULL TURN step R to R side
2 & 3	step L behind R, step R to R side, step L across R
4 & 5	rock R to R side, recover on to L, step R across L
6 & 7	make a 1/4 turn R stepping back on \dot{L} , make 1/2 turn R stepping fwd on R, make 1/4 turn R stepping I to L side
8 - 15	BEHIND SIDE CROSS, ROCK RECOVER CROSS, TRIPLE FULL TURN, ROCK RECOVER 1/4 STEP
8 & 1	step R behind L, step L to L side, step R across L
2 & 3	rock L to L side, recover on to R, step L across R
4 & 5	make a 1/4 turn L stepping back on R, make 1/2 turn L stepping fwd on L, make 1/4 turn L stepping R to R side
6 & 7	rock L across R, recover on to R, make 1/4 turn R stepping back on L
16 - 23 8 & 1 2 & 3	BACK LOCK STEP, COASTER STEP, 1/2 SHUFFLE TURN, 1/4 SAILOR TURN step back on R, lock L across R, step back on R step back on L, step R beside L, step fwd on L
4 & 5	make a 1/4 turn L stepping R to R side, step L beside R, make 1/4 turn L stepping back on R
6 & 7	sweep then step L behind R, make 1/4 turn L stepping R to R side, step L to L side
24 - 31	CROSS ROCK RECOVER SIDE, CROSS, 1/4 STEP SIDE, CROSS ROCK RECOVER SIDE, BACK ROCK RECOVER SIDE
8 & 1	rock R across L, recover on to L, step R to R side
2 & 3	step L across R, make 1/4 turn R stepping R to R side, step L to L side
4 & 5	rock R across L. Recover on to L, step R to R side
6 & 7	rock L behind R, recover on to R, step L to L side
32 - 39	SPIRAL 1/2 TURN, BALL CROSS, SIDE BEHIND 1/4 SIDE, STEP 1/2 PIVOT STEP, ROCK RECOVER 1/2
8 & 1	make a 1/2 turn R hooking R across L shin keeping weight on L, step R to R side, step L across R
2 & 3	step R to R side, step L beside R, make 1/4 turn R stepping R to R side
4 & 5	step fwd on L, pivot 1/2 turn over R shoulder taking weight on to R, step fwd on L
6 & 7	rock fwd on R, recover back on L, make 1/2 turn R stepping fwd on R
40 - 48 &	ROCK RECOVER STEP DRAG, COASTER CROSS, STEP TOUCH STEP, CROSS 1/2 TURN STEP, CROSS ROCK RECOVER
8 & 1	rock fwd on L, recover back on R, step back on L dragging R beside L
2 & 3	step back on R, step L beside R, step R across L
4 & 5	step L to L side, touch R beside L, step R to R side
6 & 7	step L across R, make a 1/4 turn L stepping back on R, make a 1/4 turn L stepping L to L side
8 &	rock R across L, recover on to L
	DESTART ON WALLS 2 AND 4

RESTART ON WALLS 2 AND 4

dance to count 44& (the step touch) then start again

TAG on wall 5

After count 17 (the back lock step), make Â1/4 turn L, sway hips to the left and hold with weight ending on L, then restart dance from beginning