

## My Man

Phrased, 2 wall, Beginner/Intermediate level

Choreographer: Jean Miles (UK) Feb 06

Choreographed to: Your Man by Josh Turner, CD:

Your Man (101 bpm)

---

Pattern 'A' has 28 Counts – Pattern 'B' has 4 counts extra at the end = 32 Counts  
Dance Pattern: ABB – ABB – AABB to end.

### Pattern 'A' (28 Counts)

#### Right Rocking Chair – Right Step, Pivot ½ Turn Left, Right Shuffle Forward

- 1-2 Right step forward – Rock weight back onto left
- 3-4 Right step back – Rock weight forward onto left
- 5-6 Right step forward – Pivot ½ turn left
- 7&8 Right shuffle forward (right/left/right) [6:00]

#### Left Rocking Chair – Left Step, Pivot ¼ Turn Right, Left Shuffle Forward

- 1-2 Left step forward – Rock weight back onto right
- 3-4 Left step back – Rock weight back onto right
- 5-6 Left step forward – Pivot ¼ turn right [9:00]
- 7&8 Left shuffle forward (left/right/left)

#### Right Cross, Rock, Chasse Right – Left Cross, Rock, Chasse Left ¼ Turn

- 1-2 Right step across front of left – Rock weight back onto left
- 3&4 Right side shuffle (right/left/right)
- 5-6 Left step across front of right – Rock weight back onto right
- 7&8 Left side shuffle making ¼ turn left (left/right/left) [6:00]

#### Right Jazz Box (4)

- 1-2 Right step across front of left – Left step back
- 3-4 Right step to the side – Left step beside right

### PATTERN 'B' (32 Counts)

Repeat the Pattern 'A' (28 Counts) then add the following: -

#### Right Side, Rock, Right Kick/Ball/Change

- 1-2 Right step to the side – Rock weight onto left
- 3&4 Kick right forward – Right step beside left (&) – Left step in place

The music was the inspiration for this dance and the pattern is easy. Listen to the music it will tell you what to do.

BEGIN AGAIN AND HAVE FUN