



Web site: www.linedancermagazine.com

E-mail: admin@linedancermagazine.com

My Ladies Rhumba

32 Count, 2 Wall, Absolute Beginner

Choreographer: Wanda Heldt (Aus) September 2012

Choreographed to: Hear My Song by Bouke; It's Your World
Now by The Eagles; If I Said You Had A Beautiful Body by The
Bellamy Brothers; Neon Moon by Brooks & Dunn / Besame
Macho [Instrumental]

Also cute Split floor with BURLESQUE

Choreographed specially for the Dear Ladies of the 'Taskforce Line dance program' helping to keep active in mind and body and having FUN.

WALK FORWARD R.L.R., KICK, WALK BACK L.R.L, TOUCH

- 1-4 Walk forward Right, Left, Right. Kick Left forward.
5-8 Walk back Left, Right, Left, Touch Right next to Left.

RIGHT & LEFT - SIDE, TOGETHER, SIDE, TOUCH [use hips as you step 'Side-together-side']

- 1-4 Step Right to Right side, Step Left together, Step Right, Touch Left toe next to Right.
5-8 Step Left to Left side, Step Right together, Step Left, Touch Right toe next to Left.

RHUMBA BOX [Basic]

- 1-2 Step Right to Right side, Step Left next to Right.
3-4 Step back on Right, hold (sway hip to right)
5-6 Step forward on left, Step Right next to Left.
3-4 Step forward on Left, hold (sway hip to left)

RIGHT DIAGONAL HIPS R.L.R.HOLD 1/4 x 2 PADDLE TURNS RIGHT

- 1-4 Step Right to Right diagonal and Rock hips Forward, Back, Forward, Hold [Wt.on R]
5-6 Step forward on Left turn 1/4 Right, Recover weight on Right. [3:00]
7-8 Step forward on Left turn 1/4 Right, Touch Right next to Left or Hold [Wt. on L]. [6:00]

To make it a 4 Wall .. [If using as split floor]

- 5-6 Step forward on Left turn 1/4 Right, Recover weight on Right. [3:00]
7-8 Recover weight on Left, Hold or Touch Right next to Left...

Restart dance... HAVE FUN IN LIFE & IN DANCE.
