

My Hips Don't Lie

56 count, 4 wall, intermediate level

Choreographer: Petra Bohlin (Sweden) Sept 2006

Choreographed to: Hips Don't Lie by Shakira, feat
Wyclef Jean

8 count intro, start on vocal

Step, Forward shuffle, 3/4 Turn, Chasse left

- 1-2 Step right forward. Step left forward.
- 3&4 Step right forward, step left next to right, step right forward.
- 5-6 Step left forward. Make 3/4 turn to right.
- 7&8 Step left to left side, step right next to left, step left to left side.

Rock back, 1/2 Turn, 2x Toe struts

- 1-2 Rock back on right, recover onto left in place.
 - 3-4 Step right forward. Make 1/2 Turn to left
 - 5-6 Step right toe forward, drop right heel taking weight.
 - 7-8 Step left toe forward, drop left heel taking weight.
- (optional) Raise arms on 5&7, click fingers on 6&8.

Right rock, Cross shuffle, 1/2 Turn right, Cross shuffle

- 1-2 Rock right to right side, rock onto left in place.
- 3&4 Cross right over left, step left to left side, cross right over left.
- 5 Make 1/4 turn right stepping back onto left.
- 6 Make 1/4 turn right stepping right out to right side.
- 7&8 Cross left over right, step right to right side, cross left over right.

Point-Cross x2, 1/2 Monterey turn right

- 1-2 Point right toe to right side. Cross step right over left.
- 3-4 Point left toe to left side. Cross step left over right.
- 5-6 Point right toe to right side, on ball of left 1/2 turn right stepping right beside left.
- 7-8 Touch left to left side, step left beside right.

Hip bumps, Chasse right, Cross rock

- 1&2 Step right diagonally forward right, bumping hips forward, back, forward.
- 3&4 Step left diagonally forward left, bumping hips forward, back, forward.
- 5&6 Step right to right side, step left beside right, step right to right side.
- 7-8 Cross rock left foot over right, recover onto right in place.

2x 1/2 Turn left, Chasse left, Step out, heel taps x2

- 1-2 Make 2x 1/2 turn left, stepping left, right.
- 3&4 Step left to left side, step right beside left, step left to left side.
- 5-6 Step right out to right side, step left to left side.
- 7-8 Tap both heels on the floor 2 times

Rock forward, Full turn moving back, 1/2 Turn into shuffle, Kick ball change

- 1-2 Rock forward on left, recover onto right in place.
- 3 Make 1/2 turn left, stepping forward on left.
- 4 Make 1/2 turn left, stepping back on right.
- 5 Make 1/2 turn left, stepping forward on left.
- &6 Close right beside left, step forward on left.
- 7&8 Kick right forward, step right beside left, step left in place.

Tag: Danced once after section 4 during 5th wall. Then continue the dance to finish facing front.

1/2 Monterey turn right

- 1-2 Point right toe to right side, on ball of left make 1/2 turn right stepping right beside left.
- 3-4 Touch left to left side, step left beside right.