

**My Hero** 

BEGINNER 32 Count 4 Walls Choreographed by: Adrian Swales Choreographed to: Wind Beneath My Wings by Dave Sheriff

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8

4

## 2 TOE STRUTS FORWARD. 2 KICKS FORWARD, BACK ROCK. 1 1 - 2 Step Right toe forward. Drop Right heel. 3 - 4 Step Left toe forward. Drop Left heel. Kick Right foot forward twice. 5 - 6 7 - 8 Rock back on Right foot. Replace weight to Left foot in place. 3 STEPS FORWARD, KICK & CLAP. 3 STEPS BACK, TOUCH & CLAP. 2 1 - 3 3 Walks forward stepping Right, Left, Right. 4 Kick Left forward and clap. 3 Walks back stepping Left, Right, Left. 5 - 7 Touch Right next to Left without weight and clap. STEP RIGHT, CLICK, STEP LEFT, CLICK. RIGHT VINE WITH TOUCH. 3 1 - 2 Step Right foot to Right side. Touch Left next to Right - click fingers. Step Left foot to Left side. Touch Right next to Left - click fingers. 3 - 4 Step Right to Right side. Cross step Left behind Right. Step Right to Right side. Touch Left next to 5 - 8 Right. STEP LEFT, CLICK, STEP RIGHT, CLICK. LEFT VINE WITH 1/4 TURN & SHUFFLE FORWARD. 1 - 2 Step Left foot to Left side. Touch Right next to Left - click fingers. Step Right foot to Right side. Touch Left next to Right - click fingers. 3 - 4 5 - 6 Step Left to Left side. Step Right behind Left. 7&8 Step Left to Left side making 1/4 turn Left. Step Right beside Left. Step forward Left Linedancer, 166 Lord Street, Southport, United Kingdom, PR9 0QA (28947)

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