

My Heart Skips A Beat

32 Count, 4 Wall, Improver

Choreographer: Margaret Warren (Aus) Feb 2014

Choreographed to: My Heart Skips A Beat by Daniel O'Donnell

Intro: 8

SIDE, TOGETHER, SHUFFLE FORWARD, SIDE, TOGETHER, ¼ TURN, SHUFFLE FORWARD

- 1-2 Step right side, slide/step left together
- 3&4 Chassé forward right-left-right
- 5-6 Step left side, slide/step right together
- 7&8 Turn ¼ left and chassé forward left-right-left

CROSS, REPLACE, SIDE, TWICE, SYNCOPATED ROCKING CHAIR, ¼ TURN

- 1&2 Cross/rock right over, recover to left, step right side
- 3&4 Cross/rock left over, recover to right, step left side
- 5&6& Rock right forward, recover to left, rock right back, recover to left
- 7-8 Step right forward, turn ¼ left (weight to left)

RIGHT CROSS SHUFFLE, HIP BUMPS, RIGHT CROSS SHUFFLE, ¼ TURN, FORWARD LEFT, REPLACE, BACK

- 1&2 Crossing chassé right-left-right
- 3&4 Step left side and hip left, hip right, hip left
- 5&6 Crossing chassé right-left-right
- 7&8 Turn ¼ left and rock left forward, recover to right, step left back

RIGHT SAILOR STEP, BACK, BACK, LEFT COASTER STEP, HEEL BALL FORWARD

- 1&2 Right sailor step
- 3-4 Sweep/step left back, sweep/step right back
- 5&6 Left coaster step
- 7&8 Touch right heel forward, step right together, step left forward

RESTART on wall 4 after 16 beats

ENDING On wall 7, after 16 beats, change the ¼ turn to ½ turn to face the front wall & step together
