

**My Heart****BEGINNER**

36 Count 4 Walls

Choreographed by: Allan Watson

Choreographed to: Under The  
Influence Of Love by Gina Jeffreys**2 RIGHT KICK-BALL CHANGES**

- 1 & 2 Kick right foot forward, step right, left on spot  
3 & 4 Kick right foot forward, step right, left on spot

**MONTEREY TURN RIGHT**

- 1,2 Touch right toe to right side, together  
3,4 Turn 1/2 left, toe to left side, together  
5,6 Touch right toe to right side, together  
7,8 Turn 1/2 left, toe to left side, together

**RIGHT SHUFFLE FORWARD, ROCK FORWARD LEFT, BACK RIGHT**

- 1 & 2 Step right forward, bring left behind, step right forward  
3,4 Step forward on left locking forward, step back on right rocking back

**LEFT SHUFFLE FORWARD, ROCK BACK RIGHT, FORWARD LEFT**

- 1 & 2 Step left back, bring right behind, step right forward  
3,4 Step back on right, rocking backward, step forward on left, rocking forward

**RIGHT SIDE SHUFFLE, ROCK RIGHT, LEFT**

- 1 & 2 Step right to right, step left beside right, step right to right  
3,4 Step left back and behind right rocking to right, rock forward onto right taking weight

**LEFT SHUFFLE FORWARD, 1/4 TURN LEFT, PIVOT**

- 1 & 2 Step left forward, bring right to left, step left forward  
3,4 Right toe forward, 1/4 turn left on ball of left foot

**DOUBLE HIP BUMPS FORWARD, DOUBLE HIP BUMPS BACK**

- 1 & 2 Bump hips forward twice  
3 & 4 Bump hips back twice

**SINGLE HIP BUMPS**

- 1,2 Bump hips forward, bump hips back  
3,4 Bump hips forward, bump hips back

**REPEAT**