

My Girl

32 Count, 2 Wall, Improver

Choreographer: Mal Jones (UK) July 2013

Choreographed to: My Girl by Darren Busby, CD: Here And Now (103 bpm); My Girl by Alabama or The Temptations; Tequila Sunrise by The Eagles (109 bpm)

16 Count Intro - begin on vocals

RIGHT CROSS ROCK, SIDE CHASSE, FORWARD ROCK, BACK LOCK STEP.

1 2 3 & 4 Cross right over left, recover on left, right to right side, bring left to right, right to right side.

5 6 7 & 8 Rock forward on left, recover on right, back on left, cross right over left, back on left.

STEP BACK, TOUCH, SHUFFLE FORWARD, CROSS, BACK, SIDE, CROSS.

1 2 Step back on right, touch left toe in front of right foot, (no weight),

3 & 4 Forward on left, bring right to left, forward on left.

(option raise hands and snap fingers on toe touch).

5 6 7 8 Sweep right from behind and cross over left, back on left, right to right side, cross left over right.

* **Restart** from beginning on wall 6

SIDE, BEHIND AND CROSS, SIDE, BACK ROCK, ½ SHUFFLE RIGHT.

1 2 & 3 4 Right to right side, cross left behind right, right to right side, cross left over right, right to right side.

5 6 Rock back on left, recover on right

7 & 8 (making ½ turn right), step ¼ back on left, bring right to left, ¼ back on left, (6 o'clock).

BACK ROCK, ½ REVERSE SHUFFLE LEFT. 2 x ¼ TURN LEFT, SHUFFLE FORWARD.

1 2 3 & 4 Rock back on right, recover on left,

3 & 4 (making ½ turn left), step ¼ back on right, bring left to right, step ¼ back on right, (12 o'clock).

5 6 Making ¼ turn left step forward on left, ¼ turn step on right,

7 & 8 Forward on left, bring right to left, forward on left.

***RESTART:** On wall 6, facing (6 o'clock) you will dance first two sections, (replacing step 8 of section 2 with a step forward instead of cross), then restart from beginning of section 1.

Optional ending, after dancing first two sections, cross unwind to finish facing front wall.

Don't forget to Smile!

