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38

Rock weight onto right foot

My Girl BEGINNER

64 Count

Choreographed by: Dawn Dennell Choreographed to: My Girl by Alabama

ROCK FORWARD, SHUFFLE BACK, ROCK BACK, SHUFFLE FORWARD 1 Rock forward onto right foot 2 Return weight to left foot 3 Step back on right foot & Slide left foot beside right 4 Step back on right foot 5 Rock back onto left foot Return weight to right foot 6 7 Step forward on left foot & Slide right foot beside left Step forward on left foot 8 RIGHT KICK-BALL-CHANGE, STEP OUT STEP IN SWIVEL TO LEFT 9 Kick right foot forward & Return to place Transfer weight to left foot 10 Small step to right with right foot & 11 Small step to left with left foot Return right foot to place, return left foot to place & 12 13 Feet together, twist both heels to left 14 Swivel both toes to left 15 & 16 Swivel both heels to left, both toes to left, both heels to left /(The more experienced dancers will do a pigeon toe walk to left instead) **GRAPEVINE RIGHT 1/4 TURN RIGHT 1/2 PIVOT TURN RIGHT TURNING SHUFFLE TO RIGHT** 17 Step right foot to right Cross left foot behind right and step 18 19 Step right foot to right turning 1/4 turn to right Small step forward on left foot & 20 Small step forward on right foot Step forward on left foot 21 22 Pivot 1/2 turn to right Step forward on left foot starting turn to right 23 Step right foot next to left continuing turn & Step left foot next to right to complete 1/2 turn to the right 24 ROCK STEP, SHUFFLE, ROCK STEP, COASTER STEP 25 Rock back onto right foot Return weight to left foot 26 27 Step right foot forward Slide left foot beside right & 28 Step right foot forward Rock forward onto left foot 29 30 Return weight to right foot Step back onto left foot 31 Step right foot next to left foot & Step forward onto left 32 ROCK RIGHT, CROSS AND SHUFFLE, ROCK LEFT, CROSS AND SHUFFLE 33 Step right foot to right Rock weight onto left foot 34 35 Cross right foot over left and step Small step to left with left foot keeping feet crossed & 36 Small step to left with right foot keeping feet crossed Step left foot to left 37

39 & 40	Cross left foot over right and step Small step to right with right foot keeping feet crossed Small step to right with left foot keeping feet crossed
41 & 42 & 43 & 44 45 - 46 47 - 48	POINT RIGHT, LEFT, HEEL TOE, 1/2 TURN TO LEFT BODY ROLL Touch right toe to right, return to place Touch left toe to left, return to place Tap right heel forward, return to place, touch left toe back On balls of both feet pivot 1/2 turn to left (2 counts) 2 count body roll forward starting with hips and ending with weight forward on left foot
49 50 51 52	STEPS FORWARD WITH HIPS AND TOUCH Step forward on right foot angling body slightly left and push hips right Push hips to left Push hips right Touch left foot next to right foot
53 54 55 56	/(The hip moves are performed with a swaying motion so bend knees slightly) Step forward on left foot angling body slightly right and push hips left Push hips to right Push hips to left Touch right foot next to left foot
57 58 59 60	STEPS FORWARD AND HIPS AND TOUCH Step forward on right foot angling body slightly left and push hips right Push hips to left Push hips right Touch left foot next to right foot
61 62 63 64	/(The hip moves are performed with a swaying motion so bend knees slightly) Step forward on left foot angling body slightly right and push hips left Push hips to right Push hips to left Touch right foot next to left foot
	REPEAT

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