STEPPIN'OFF



THEPage



Approved by:

My First Love

4 WALL – 64 COUNTS – INTERMEDIATE			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1 1 - 2 3 & 4 5 - 6 7 & 8	Side, Together, Chasse Right, Cross Rock, Chasse 1/4 Turn Step right to right side. Close left beside right. Step right to right side. Close left beside right. Step right to right side. Cross rock left over right. Recover onto right. Step left to left side. Close right beside left. Turn 1/4 left stepping left forward.	Side Together Chasse Right Cross Rock Chasse Quarter	Right On the spot Turning left
Section 2 1 - 2 3 - 4 5 - 6 7 & 8	Step, Pivot 1/2, Step, Pivot 1/4, Forward Rock, Triple Step Full Turn Step right forward. Pivot 1/2 turn left. Step right forward. Pivot 1/4 turn left. (12:00) Rock forward on right. Recover onto left. Right triple step on the spot, turning full turn right, stepping - right, left, right.	Step Pivot Step Pivot Rock Forward Triple Full Turn	Turning left On the spot Turning right
Section 3 1 - 2 3 & 4 5 - 6 7 - 8	Forward Rock, Lock Step Back. Touch Back, Reverse Pivot 1/2, Step, Pivot 1/2 Rock forward on left. Recover onto right. Step left back. Lock step right across left. Step left back. Touch right toe back. Reverse pivot 1/2 turn right (weight on right). (6:00) Step left forward. Pivot 1/2 turn right. (12:00)	Rock Forward Back Lock Back Touch Turn Step Pivot	On the spot Back Turning right
Section 4 1 2 & 3 4 5 - 6 7 & 8	Step, Kick Ball Step, Step, Forward Rock, Behind Side Cross Step left forward. Kick right forward. Step ball of right beside left. Step left forward. Step right forward. Rock forward on left. Recover onto right. Cross left behind right. Step right to right side. Cross left over right.	Step Kick Ball Step Step Rock Forward Behind Side Cross	Forward On the spot Right
Section 5 1 - 2 3 & 4 5 - 6 7 & 8	Rock 1/4 Turn, Forward Shuffle, 1/2 Turn x 2, Forward Shuffle Rock right to right side. Recover onto left making 1/4 turn left. (9:00) Step right forward. Close left beside right. Step right forward. Turn 1/2 right stepping left back. Turn 1/2 right stepping right forward. Step left forward. Close right beside left. Step left forward.	Rock Quarter Right Shuffle Full Turn Left Shuffle	Turning left Forward Turning right Forward
Section 6 1 - 2 3 & 4 5 - 6 7 - 8	Forward Rock, Coaster Cross, Side, Kick, Side Push, Recover Rock forward on right. Recover onto left. Step right back. Step left beside right. Cross right over left. Step left to left side. Kick right diagonally forward left. Step right out to right side pushing hips right. Recover weight onto left. (9:00)	Rock Forward Coaster Cross Side Kick Push Recover	On the spot Left On the spot
Section 7 1 & 2 3 - 4 5 & 6 7 - 8	1/4 Turn Sailor Cross, Side Rock, Cross Shuffle, 1/4 Turn, 1/2 Turn Cross right behind left turning 1/4 right. Step left beside right. Cross right over left. Rock left out to left side. Recover onto right. (12:00) Cross left over right. Step right to right side. Cross left over right. Turn 1/4 left stepping right back. Turn 1/2 left stepping left forward. (3:00)	Quarter Sailor Cross Side Rock Cross Shuffle Quarter Half	Turning right On the spot Right Turning left
Section 8 1 & 2 3 - 4 5 - 6 7 & 8	Forward Shuffle, Forward Rock, Slide Back x 2, Coaster Cross Step right forward. Close left beside right. Step right forward. Rock forward on left. Recover onto right. Slide back on left. Slide back on right. Step left back. Step right beside left. Cross left over right.	Right Shuffle Rock Forward Slide Slide Coaster Cross	Forward On the spot Back On the spo

Choreographed by: Robbie McGowan Hickie (UK) May 2013

Choreographed to: 'You're My First Love (Head Over Heels)' by Eden ft Lianie May (120 bpm) from CD Dekade; download available from iTunes

(32 count intro)



A video clip of this dance is available at www.linedancermagazine.com