



Script approved by Hazel

# My Father And Me



Hazel Pace

INTERMEDIATE	STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
	<b>Section 1</b> 1 - 2 3 - 4 5 - 6 7 - 8	<b>Forward Rock, 1/2 Turn, Hold, Weave Left, Hold.</b> Rock forward on right. Rock back on left. On ball of left make 1/2 turn right stepping forward right. Hold. Cross left over right. Step right to right side. Cross left behind right. Hold.	Rock. Recover. Turn. Hold. Cross. Side. Behind. Hold.	On the spot Turning Right Right
	<b>Section 2</b> 1 - 2 3 - 4 5 - 6 7 - 8	<b>Behind Side Cross Hold, Rock Recover 1/4 Turn, Hold.</b> Sweep right foot around to step behind left. Step left to left side. Cross right over left. Hold. Rock forward on left. Rock back onto right. Step left 1/4 turn left. Hold.	Behind. Side. Cross. Hold. Rock. Recover. Turn. Hold.	Left  On the spot Turning Left
	<b>Section 3</b> 1 - 2 3 - 4 5 - 6 7 - 8	<b>Weave Left, 1/4 Turn, Step 1/2 Pivot, 1/4 Turn Side, Hold.</b> Cross right over left. Step left to left side. Cross right behind left. Step left 1/4 turn left. Step forward right. Pivot 1/2 turn left. (weight on left) On ball of left make 1/4 turn left stepping right to right side. Hold.	Cross Side Behind Turn Step Turn Turn Hold	Left Turning Left Left Left
	<b>Section 4</b> 1 - 2 3 - 4 5 - 6 7 8	<b>Extended Weave Right 1/2 Turn.</b> Step left behind right. Step right to right side. Cross left over right. Step right to right side. Step left behind right. Step right to right side. Cross left over right. On ball of left make 1/2 turn left hitching right knee.	Behind. Side. Cross. Side. Behind. Side. Cross Turn	Right   Turning Left
	<b>Section 5</b> 1 - 2 3 - 4 5 - 6 7 - 8	<b>Forward Rock, Back Together, Stroll Forward with Holds.</b> Rock forward on right. Rock back onto left. Step back on right. Step left beside right. Step forward right. Hold. Step forward left. Hold.	Rock Recover Back Together Forward Hold Forward Hold	On the spot  Forward
	<b>Section 6</b> 1 - 8	<b>Forward Rock, Back Together, Stroll Forward with Holds.</b> Repeat steps 1 - 8 of Section 5.		
	<b>Section 7</b> 1 - 2 3 - 4 5 - 6 7 - 8	<b>Forward Rock, Back Cross, Back Cross, Back Kick.</b> Rock forward on right. Rock back onto left. Step back right. Cross left over right. Step back right. Cross left over right. Step back right. Kick left forward.	Rock. Recover. Back. Cross. Back. Cross. Back. Kick.	On the spot Back
	<b>Section 8</b> 1 - 2 3 - 4 5 - 6 7 8	<b>Back Rock, 1/4 Turn, Hold, Cross Rock, 2 x 1/4 Turn Left.</b> Rock back on left. Rock forward onto right. On ball of right make 1/4 turn right stepping left to left side. Hold. Cross rock right back behind left. Rock forward onto left. On ball of left make 1/4 turn left stepping back onto right. On ball of right make 1/4 left stepping left to side.	Back. Recover. Turn. Hold. Behind. Rock. Turn Turn	On the spot Turning Right  Turning Left
	<b>Tag</b> 1 - 2 3 - 4 5 - 6 7 - 8	<b>Danced once following the 2nd sequence only.</b> Rock forward on right. Rock back onto left. On ball of left make 1/2 turn right stepping forward on right. Hold. Rock forward on left. Rock back onto right. On ball of right make 1/2 turn left stepping forward on left. Hold.	Rock. Recover. Turn. Hold. Rock. Recover. Turn. Hold.	On the spot Turning Right On the spot Turning Left

**Choreographers Note:-** When using Paul Overstreet track add 8 count tag after 2nd wall only.

**2 Wall Line Dance:-** 64 Counts. Intermediate Level.  
**Choreographed by:-** Hazel Pace (UK) June 2001.  
**Choreographed to:-** 'My Father And Me' by Paul Overstreet (128 bpm).  
**Suggested Music:-** 'Can't Help It' by Scooter Lee (118 bpm); 'Break Away' by Scooter Lee.  
 'I've Cried My Last Tear For You' by Ricky Van Shelton from Stepping Country 4, (143 bpm). Start on vocals