

My Broken Heels

BEGINNER

32 Count 4 Walls

Choreographed by: Rebecca Armstrong

Choreographed to: Broken Heels by Alexandra Burke

1 - 8 RIGHT LOCK STEP SCUFF, LEFT LOCK STEP SCUFF

1 - 2 (to the R diag) step fwd on R, lock L behind R
3 - 4 step fwd on R, scuff L
5 - 6 (to the L diag) step fwd on L, lock R behind L
7 - 8 step fwd on L, scuff R

9 - 16 MAMBO FWD HOLD, MAMBO BACK HOLD

1 - 2 rock fwd on R, recover back on L
3 - 4 step R beside L, hold (keeping weight on R)
5 - 6 rock back on L, recover fwd on to R
7 - 8 step L beside R, hold (keeping weight on L)

17 - 24 â€˜Vâ€™™ STEP ON HEELS X 2

1 - 2 step R heel fwd to R diag, step L heel fwd to L diag
3 - 4 step R foot back to middle, step L foot back to middle
5 - 6 step R heel fwd to R diag, step L heel fwd to L diag
7 - 8 step R foot back to middle, step L foot back to middle

25 - 32 STEP HOLD, 1/2 PIVOT HOLD, KICK BALL STEP HOLD

1 - 2 step fwd on R, hold
3 - 4 pivot 1/2 turn L (taking weight onto L), hold
5 - 6 kick R fwd, step R beside L
7 - 8 step L beside R, hold

ALTHOUGH THE MUSIC DICTATES THAT THERE SHOULD BE A TAG AND A RESTART THIS DANCE FITS FINE WITHOUT EITHER!! YAY!!