

My Autumn Rose

BEGINNER

32 Count 4 Walls

Choreographed by: Rene and Reg Mileham

Choreographed to: I'm in a

Hurry (and Don't Know Why) by Alabama

Section 1 Weave, sweep, behind, side, cross point

- 1 - 2 Cross Right over Left, step Left to side
- 3 - 4 Cross Right behind Left, sweep Left out
- 5 - 6 Step Left behind Right, step Right to side
- 7 - 8 Cross Left over Right, point Right to side

Section 2 Travelling forward Cross, point x2. Shuffle back x 2

- 1 - 2 Cross Right over Left, point Left out to side
- 3 - 4 Cross Left over Right, point Right out to side
- 5 & 6 Right shuffle back
- 7 & 8 Left shuffle back

Section 3 Toe strut, step back, together. Repeat with Left

- 1 - 2 Right toe strut forward, drop heel
- 3 - 4 Step Left back, step Right next to Left
- 5 - 6 Left toe strut forward, drop heel
- 7 - 8 Step Right back, step Left next to Right

Section 4 Toe strut, step back turning ¼ right, together. Shuffle, sway, sway

- 1 - 2 Right toe strut forward, drop heel
- 3 - 4 Step Left back, making 1/4 turn right, step Right next to Left
- 5 & 6 Left Shuffle forward
- 7 - 8 Sway Right, sway Left

If you like a faster beat try the alternate track by Alabama