

Mustang Sally

48 count, 2 wall, intermediate level

Choreographer: Neil Hale (USA) 1991

Choreographed to: Mustang Sally by The Commitments, The Commitments CD (116 bpm)

KICK, STEP, REVERSE COASTER, STEP, 1/4 TURN, 1/4 TURN, 1/2 TURN:

- 1-2 Right kick forward, right step back
- 3&4 Left step back, right step next to left, left step forward
- 5-6 Right step forward, left step forward into 1/4 turn right
(count 5 option is &5: scoot forward on left on & before you step forward right on 5)
- 7-8 Right step side right into 1/4 turn right, spin on right as you step forward with left foot into 1/2 turn right (weight ends left)

SAILOR SHUFFLES, FORWARD DIAGONAL RIGHT WITH CLAPS:

- 1&2 Right cross-step behind left, left step side left on ball of foot, right step side right
- 3&4 Left cross-step behind right, right step side right on ball of foot, left step side left
- 5-6 Right step forward diagonal right, left step next to right & clap
- 7-8 Right step forward diagonal right, left touch next to right & clap (weight ends right)

FORWARD DIAGONAL LEFT WITH CLAPS, HIP ROLLS:

- 1-2 Left step forward diagonal left, right step next to left & clap
- 3-4 Left step forward diagonal left, right touch next to left & clap
- 5-8 Right step side right & roll hips Right, Left, Right, Left

MONTEREY TURNS (1/4 turns):

- 1-2 Right touch side right, spin 1/4 turn right on ball of left as you step right next to left
- 3-4 Left touch side left, left step next to right
- 5-8 Repeat previous steps 1-4

SAILOR SHUFFLES, FORWARD DIAGONAL RIGHT WITH CLAP:

- 1&2 Right cross-step behind left, left step side left on ball of foot, right step side right
- 3&4 Left cross-step behind right, right step side right on ball of foot, left step side left
"RIDE THE MUSTANG" (arms position on 5&6&7 is as if holding reigns of horse):
- 5& Right step forward diagonal right, left cross-step behind right
- 6& Right step forward diagonal right, left cross-step behind right
- 7-8 Right step forward diagonal right, left touch next to right & CLAP

FORWARD DIAGONAL LEFT WITH CLAP, 1/4 TURN X 4:

- "RIDE THE MUSTANG" (arm position on 1&2&3 is as if holding reigns of horse)
 - 1& Left step forward diagonal left, right cross-step behind left
 - 2& Left step forward diagonal left, right cross-step behind left
 - 3-4 Left step forward diagonal left, right touch next to left & CLAP
 - 5-6 Right step side right into 1/4 turn right, left step forward into 1/4 turn right
 - 7-8 Repeat previous steps 5-6
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