

Mustang Heart

68 Count, 2 Wall, Improver

Choreographer: Tom & Wendy Monaghan (NZ)

May 2008

Choreographed to: Mustang Heart by George Fox

WEAVE LEFT, ROCK, RECOVER, SHUFFLE

1-2-3-4 Step right over left, step left to side, step right behind left, step left to side

5-6-7&8 Rock forward onto right, recover onto left, shuffle to the side right left right

WEAVE RIGHT, ROCK, RECOVER, SHUFFLE

1-2-3-4 Step left over right, step right to side, step left behind right, step right to side

5-6-7&8 Rock forward onto left, recover onto right, shuffle to the side left right left

FORWARD, ROCK, TURN, SHUFFLE, STEP, PIVOT, SHUFFLE

1-2-3&4 Step right forward, recover onto left, ½ turn right, shuffle forward right, left, right

5-6-7&8 Step left forward, pivot ½ turn right, shuffle forward left, right, left

STOMP, KICK, BRUSH, HITCH & TURN, BACK, ROCK, FORWARD SHUFFLE

1-2-3-4 Stomp right beside left, kick right forward, brush right heel to left leg,

hitch right while making ¼ turn left

5-6-7&8 Rock back onto right, recover onto left, shuffle forward right, left, right, (9:00)

SIDE ROCK BEHIND, SIDE CROSS TWICE

1-2-3&4 Rock left to left, recover onto right, step left behind right, step right to side,
cross/step left over right

5-6-7&8 Rock right to right, recover onto left, step right behind left, step left to side,
cross/step right over left

HEEL & HEEL, & ½ PIVOT, ¼ TURN, STEP, SWEEP, SAILOR STEP

1&2 Place left heel 45°, & step right heel at 45°

&3-4-5 Step right beside left, step left forward, pivot ½ right (weight forward),
turn further ¼ right stepping left to left

6-7&8 Sweep right foot out into a right sailor step, (6:00)

FORWARD, ROCK, COASTER, FORWARD, ROCK, ¾ TRIPLE

1-2-3&4 Step left forward, recover on right, left coaster step

5-6-7&8 Step right forward, recover on left, ¾ triple turn right, stepping right, left, right (3:00)

HEEL & HEEL, & ½ PIVOT, ¼ TURN, STEP, SWEEP, SAILOR STEP

1&2 Place left heel 45°, & step right heel at 45°

&3-4-5 Step right beside left, step left forward, pivot ½ right (weight forward),
turn further ¼ right stepping left to left

6-7&8 Sweep right foot out into a right sailor step, (12:00)

JAZZ BOX, ½ TURN, SCUFF

1-2-3-4 Cross/step left over right, step back on right turning ½ left, step forward on left scuff right (6:00)

RESTART: on wall 3 (facing 6:00) & wall 6 (facing 12:00).
Dance to count 4 of section 7 then restart
