

Music Is The Key

96 count, 2 wall, intermediate level

Choreographer: Teresa and Vera

Choreographed to: Music is the Key by Sarah Connor
on the Sarah Connor Album, bpm 168

For an advanced dance to this track see "Waltz Is The Key" by Max Perry.

Count in. Wait for Sarah to sing "music is the key" then count 6, start on main vocals, he will sing the word "people"

NOTE. We choreographed this dance after learning & teaching Max Perry's advanced waltz. Knowing that not everyone in our classes wanted to do the advanced one but did like the music, we did this one so that we could split the floor. This dance is not phrased to the music. For a dance that is phrased please look at "Waltz is the Key" Many thanks to Max Perry.

STEP BACK SLIDE. COASTER STEP, ¼ TURN SWEEP CROSS SHUFFLE

1-2-3 Big step back on L, slide R next to L over 2 counts ending with a touch

4-5-6 Coaster step R.L.R

1-2-3 Making ¼ turn L step fwd on L, (you will be facing the 9 o'clock wall with L crossed over R)
sweep R out to the side & over L over 2 counts

4-5-6 Cross shuffle R over L (cross, side, cross)

STEP L SLIDE TOUCH. SWAY R,L, FULL TURN R

1-2-3 Step L to L side (1) slide R up to L over 2 counts

4-5-6 Step R to R side (1), sway to R over 2 counts

1-2-3 Sway to L over 3 counts

4-5-6 Travelling to R side make a full turn R stepping R,L,R (9 o'clock) (option, side, tog, side)

LUNGE FWD HOLD for 2, 1/2 TURN L. STEP HITCH TURN, COASTER STEP

1-2-3 Step fwd on L & lean weight over L foot for 2 counts

4-5-6 Step back on R while starting to make ½ turn L, finish making the ½ turn by stepping fwd on L, step fwd on R

1-2-3 Step fwd on L, hitching R knee slightly spin ½ L over 2 counts

(option without turns, small shuffle back on R, step back on L, hitch R knee & hold for 2)

4-5-6 Coaster step R,L,R (9 o'clock)

STEP SWEEP OVER, STEP SWEEP OVER. CROSS OVER, SIDE, BEHIND, STEP SIDE, SLIDE TOUCH

1-2-3 Step fwd L, sweep R out to side & over L in 2 counts

4-5-6 Step fwd R, sweep L out to side & over R in 2 counts

1-2-3 Cross L over R, R to R side, cross L behind R

4-5-6 Take a big step to R side, slide L up to R over 2 counts ending in a touch

¼ TURN I, SIDE ROCK REPLACE CROSS X2

1-2-3 Make a ¼ turn L stepping fwd on L (hold for 2 counts)

4-5-6 Rock R to R side, replace weight on L, cross R over L

1-2-3 Repeat 1-2-3 above

4-5-6 Repeat 4-5-6 above (3 o'clock)

LUNGE HOLD FOR 2. 1/2 TURN R. STEP SWEEP 1/2. COASTER STEP

1-2-3 Lunge fwd on L to slight L diagonal, hold for 2 counts

4-5-6 Make 1/4 turn R stepping R to R side, step L next to R, make 1/4 turn R stepping fwd on R
(you are travelling backwards, not to side)1-2-3 Step fwd on L, make 1/2 turn R over 2 counts sweeping R out to R side
(option without turns. Small shuffle back on R, step back on L & hold for 2)

4-5-6 Coaster step R.L.R (3 o'clock)

STEP L HOLD FOR 2, 3 COUNT BOX. X2

1-2-3 Step fwd L to slight L diagonal (hold for 2 counts)

4-5-6 Cross R over L, step back on L, step R to R side

1-2-3 Repeat 1-2-3 above

4-5-6 Repeat 4-5-6 above

STEP FWD HOLD FOR 2. SHUFFLE FWD. SLOW ¼ TURN STEP SIDE SLIDE

1-2-3 Step fwd on L (hold for 2 counts)

4-5-6 Shuffle fwd R.L.R

1-2-3 Step fwd on L, make ¼ turn R over 2 counts (keeping weight on L)

4-5-6 Step R to R side, slide L up to R over 2 counts (6 o'clock)

Ending if you want to finish dance facing the home wall.

As the track ends you will do first 3 counts of sec' 4 "step fwd L sweep R over" as you go into the next 3 counts you will do....

Step fwd on R, cross L over R, step R to R side, cross L behind R, make 1/4 turn R to face the home wall & just pose as music fades!