

Mr. Postman

32 Count, 4 Wall, Beginner

Choreographer: Jeanette Karlsson (Swe) Dec 09

Choreographed to: Please Mr. Postman by

The Carpenters

Starts after 16 counts intro

S1 Chasse right, back rock, chasse left, back rock

1&2 Step right to right side. Close left beside right. Step right to right side.

3-4 Rock back on left. Rock forward onto right.

5&6 Step left to left side. Close right beside left. Step left to left side.

7-8 Rock back on right. Rock forward onto left.

S2 Step touch x 2, "V step"

1-2 Step right to right side. Touch left beside right.

3-4 Step left to left side. Touch right beside left.

5-6 Step forward and out on right. Step forward and out on left.

7-8 Step back on right. Close left to right.

S3 Rock forward, 1/2 turn shuffle back, 1/4 turn right, cross shuffle

1-2 Rock forward on right. Rock back onto left.

3&4 Shuffle half turn right by stepping right-left-right (facing 6 o'clock).

5-6 Step forward on left foot, make a 1/4 turn to right (facing 9 o'clock).

7&8 Cross left foot in front of right, step right to right side, cross left in front of right.

S4 Right scissor step, hold, left scissor step, hold

1-2 Step right to right side. Step left beside right.

3-4 Step right across front of left. Hold (clap).

5-6 Step left to left side. Step right beside left.

7-8 Step left across front of right. Hold (clap).