

Forward Rock, Back Lock, 1/4 Turn Left.

- 1 - 2 Rock Forward On Right. Rock Back Onto Left.
3 - 4 Step Back Right. Hold.
5 - 6 Cross Left Over Right. Step Back Right.
7 - 8 Step Left 1/4 Turn Left. Hold.

Forward Rocks With Heel Snaps.

- 9 - 10 Rock Forward On Right Lifting Left Heel. Snap Left Down Taking Weight.
11 - 12 Rock Right To Right Side Lifting Left Heel. Snap Left Down Taking Weight.
13 - 14 Rock Forward On Right Lifting Left Heel. Snap Left Down Taking Weight.
15 - 16 Step Right To Right Side. Hold.

Forward Rock, Back Lock, 1/4 Turn Right.

- 17 - 20 Rock Forward On Left. Rock Back Onto Right.
19 - 20 Step Back Left. Hold.
21 - 22 Cross Right Over Left. Step Back Left.
23 - 24 Step Right 1/4 Turn Right. Hold.

Forward & Side Rocks With Heel Snaps.

- 25 - 26 Rock Forward On Left Lifting Right Heel. Snap Right Down Taking Weight.
27 - 28 Rock Left To Left Side Lifting Right Heel. Snap Right Down Taking Weight.
29 - 30 Rock Forward On Left Lifting Right Heel. Snap Right Down Taking Weight.
31 - 32 Step Left To Left Side. Hold.

Forward Running Steps, Hitch & 1/4 Turn, Back Steps With Hitch.

- 33 - 35 Run Forward Stepping - Right, Left, Right.
36 Hitch Left Making 1/4 Turn Right On Ball Of Right Foot.
37 - 40 Step Back Left. Step Back Right. Step Back Left. Hitch Right Knee.

Running Steps Forward, Hitch & 1/4 Turn, Back Steps, Stomp, Hold

- 41 - 43 Run forward stepping - Right, Left, Right
44 Hitch left making 1/4 turn right on ball of right foot
45 - 48 Step back left. Step back right. Stomp left to left side. Hold & Clap.

Modified Sailor Steps with Hold & Clap

- 49 - 52 Cross right behind left. Step left to left side. Step right to place. Hold
53 - 56 Cross left behind right. Step right to right side. Step left in place. Clap.
57 - 64 Repeat steps 49-56.