

**RIGHT & LEFT HEEL TAPS**

- 1 - 4 Touching right toe slightly in front tap right heel 4 times  
5 - 8 Touching left toe slightly in front tap left heel 4 times

**HIP SWAYS, TOE TOUCHES WITH 1/4 TURN LEFT**

- 9 - 12 Quickly bump hips 4 times to the right  
13 - 14 Touch left toe forward, touch left toe to left side  
15 - 16 Turn 1/4 turn left on right foot bringing left foot across in front of right ankle, hold one count

**SHUFFLE, PIVOT, RIGHT TURNING SHUFFLE, ROCK STEP**

- 17 & 18 Shuffle forward left, right, left  
19 - 20 Step forward on right, turn 1/2 turn to left keeping weight on left  
21 - 22 Shuffle forward right, left, right making 1/4 turn left while shuffling ( you should be facing front wall now)  
23 - 24 Rock weight back on left foot, recover weight to right foot

**STEP, TAP, SCOOT, STEP HACK, STEP, TAP, SCOOT**

- 25 - 26 Step forward on left foot, tap right toe across & behind left heel  
27 - 28 Slide slightly back on ball of left foot, step back on right foot  
29 - 30 Step forward on left foot, step forward on right foot  
31 - 32 Tap left toe across behind right heel, slide back on ball of right foot

**WALK FORWARD, DOUBLE HIP BUMPS**

- 33 - 34 Step back on left foot, step forward on right foot  
35 - 36 Step forward on left foot, step forward on right foot  
37 - 40 Bump hips twice right, bump hips twice left

**HIP BUMPS, PIVOT, STEP LOCK, STEP TOGETHER**

- 41 - 42 Bump hips once right, bump hips once left  
43 - 44 Step forward on right, pivot 1/2 to left  
45 - 46 Step forward on right, slide left foot up behind right foot  
47 - 48 Step forward on right, step left next to right

**REPEAT**

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