

RIGHT ROCK STEPS TO SIDE, BEHIND

- 1 - 2 Rock to the side onto right foot, rock in place with left foot and clap
3 - 4 Rock behind the left foot onto the right foot, rock in place with left foot and clap
5 - 6 Rock to the side onto right foot, rock in place with left foot and clap
7 - 8 Rock behind the left foot onto the right foot, rock in place with left foot and clap

SHUFFLE TO THE RIGHT, ROCK LEFT FOOT BEHIND RIGHT

- 9 & 10 Side shuffle right, (right-left-right)
11 - 12 Rock behind the right foot onto the left foot, rock in place with right foot

LEFT ROCK STEPS TO SIDE, BEHIND

- 13 - 14 Rock to the side onto the left foot, rock in place with right foot and clap
15 - 16 Rock behind the right foot onto the left foot, rock in place with right foot and clap
17 - 18 Rock to the side onto the left foot, rock in place with right foot and clap
19 - 20 Rock behind the right foot onto the left foot, rock in place with right foot and clap

SHUFFLE TO THE LEFT, ROCK RIGHT FOOT BEHIND LEFT

- 21 & 22 Side shuffle left (left-right-left)
23 - 24 Rock behind the left foot onto the right foot, rock in place with left foot

RIGHT HEEL FORWARD AND HOLD, RIGHT TOE BEHIND AND HOLD, TWO 1/4 TURNS

- 25 - 26 Place right heel straight forward, hold (clap optional)
27 - 28 Place right toe straight back, hold (clap optional)
29 - 30 Step forward with right foot, make 1/4 to left
31 - 32 Step forward with right foot, make 1/4 to left

RIGHT SHUFFLE FORWARD, WALK FORWARD LEFT, RIGHT, LEFT SHUFFLE FORWARD

- 33 & 34 Right shuffle forward (right-left-right)
35 - 36 Walk forward left, right
37 & 38 Left shuffle forward (left-right-left)

TWO RIGHT KICK BALL CHANGES

- 39 & 40 Kick right foot forward, rock back onto ball of right foot, step forward onto left
41 & 42 Kick right foot forward, rock back onto ball of right foot, step forward onto left

TWO 1/4 TURNS LEFT

- 43 - 44 Step forward with right foot, make 1/4 turn to left
45 - 46 Step forward with right foot, make 1/4 turn to left

FOUR TOE-HEEL STRUTS FORWARD WITH FINGER SNAPS

- 47 - 48 Step forward on right toe, place heel down and snap fingers
49 - 50 Step forward on left toe, place heel down and snap fingers
51 - 52 Step forward on right toe, place heel down and snap fingers
53 - 54 Step forward on left toe, place heel down and snap fingers

TWO CHUGS FORWARD WITH CLAPS

- 55 - 56 Jump forward with both feet, clap
57 - 58 Jump forward with both feet, clap (weight on right)

LEFT CROSS BEHIND RIGHT, HOLD, UNWIND 3/4 TURN LEFT, (WEIGHT ON LEFT)

- 59 - 60 Cross left foot behind right foot, hold
61 - 62 Unwind 3/4 turn left putting weight onto left (clap optional)

RIGHT SHUFFLE FORWARD, WALK FORWARD LEFT, RIGHT, LEFT SHUFFLE FORWARD

- 63 & 64 Right shuffle forward (right-left-right)
65 - 66 Walk forward left, right
67 & 68 Left shuffle forward (left-right-left)

TWO RIGHT KICK BALL CHANGES

69 & 70 Kick right foot forward, rock back onto ball of right foot, step forward onto left
71 & 72 Kick right foot forward, rock back onto ball of right foot, step forward onto left

FOUR 1/4 TURNS TO LEFT

73 - 74 Step forward with right foot, make 1/4 turn to left
75 - 76 Step forward with right foot, make 1/4 turn to left
77 - 78 Step forward with right foot, make 1/4 turn to left
79 - 80 Step forward with right foot, make 1/4 turn to left

REPEAT

/The first "shuffle forward" coincides with the "Movin' On" chorus and when the dance starts again, it coincides with end of the chorus. This is a long dance, but with a lot of repetition.

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