

Move Your Feet

32 count, 4 wall, improver level

Choreographer: Arne Stakkestad (Belgium) Oct 2006

Choreographed to: Linedancers, Move Your Feet BY

Rene Guylline, Album: Over The Hill (140 bpm)

Start after 48 counts (heavy beat)

4 Heel bounces

1-4 Bounce Right Heel 4 times diagonally Right Forward (weight stays on Left Foot)

5-6 Right Toe touch 2x crossed over Left Foot

&7-8 Right Foot step beside Left Foot and touch Left Toe 2x crossed over Right Foot

Jump and hip bumps, vine ¼ right and touch

9-12 Jump forward with Left, Right, bump hips Left, Right, Left

13-14 Right Foot step Right, Left Foot step crossed behind Right Foot

15-16 ¼ turn Right and step Right Foot Forward, touch Left Toe beside Right Foot (click fingers)

Kicks forward and side, weave and hitch

17-20 kick Left Foot 2 x forward, kick Left Foot 2 x Left Side

21-22 Left Foot step crossed behind Right Foot, Right Foot step Right

23-24 Left Foot step crossed over Right Foot, Left Foot jump and hitch Right Knee (clap hands)

Stomp and heel bounces ½ turn left, 2 x kick step touch

25-28 Right Foot stomp forward, 3 heel bounces while turning ½ Left (weight ends on Left Foot)

29&30 Right Foot kick forward, Right Foot step beside Left Foot and touch Left Toe beside Right Foot

31&32 Left Foot kick forward, Left Foot step beside Right Foot and touch Right Toe beside Left Foot

Restarts: on the 4th wall (12o'clock) and the 9th wall (9o'clock) dance till count 28 and then restart (after Rene sings: "Linedancers, move your feet")

Note:

"Cheyenne Woman" (partnerdance) and "Move your Feet" (linedance) are written as a tribute to Rene Guylline 50 year on stage, and his new cd "Over the Hill", and as thanks to the many hours of dancing and listening to his music.
