

Move It Up

32 Count, 2 Wall, Improver

Choreographer: Esmeralda v.d. Pol (NL) Aug 2013

Choreographed to: Got To Give It Up by Marvin Gaye

Intro : 32 counts

WALK, WALK, SIDE ROCK, FWD STEP, 1/4 TURN R, COASTER STEP 1/4 TURN R, STEP FWD

- 1-2 Step fwd on R, Step fwd on L
- &3-4 Rock R to R side, Recover on L, Step R fwd
- 5 1/4 turn R-step L to L side
- 6&7 1/4 turn R-step R back, Step L next to R, Step R fwd
- 8 Step L fwd

1/4 TURN LEFT, DRAG & CROSS, SIDE, STEP BACK, BUMP & WALK FWD

- 1-2 1/4 turn L-step R to R side, Drag L next to R
- &3-4 Step L next to R, Cross R over L, Step L to L side
- 5-6 Step back on R, touch L toe fwd and bump your hip fwd
- &7-8 Step L next to R, step R fwd, step L fwd

PIVOT 1/4 TURN L, CROSS, SIDE, CROSS, 1/4 TURN R X2, & CROSS, SIDE

- 1-2 Step R fwd, 1/4 turn L-weight on L
- &3-4 Cross R over L, step L to L side, cross R over L
- 5-6 1/4 turn R-step L back, 1/4 turn R-step R to R side
- &7-8 Step L next to R, Cross R over L, Step L to L side

STEP BACK, BUMP & FWD ROCK, STEP BACK, BUMP & FWD ROCK

- 1-2 Step R back, touch L toe fwd and bump your hip fwd
- &3-4 Step L next to R, Rock R fwd, Recover on L
- 5-6 Step R back, touch L toe fwd and bump your hip fwd
- &7-8 Step L next to R, Rock R fwd, Recover on L

Have Fun!!